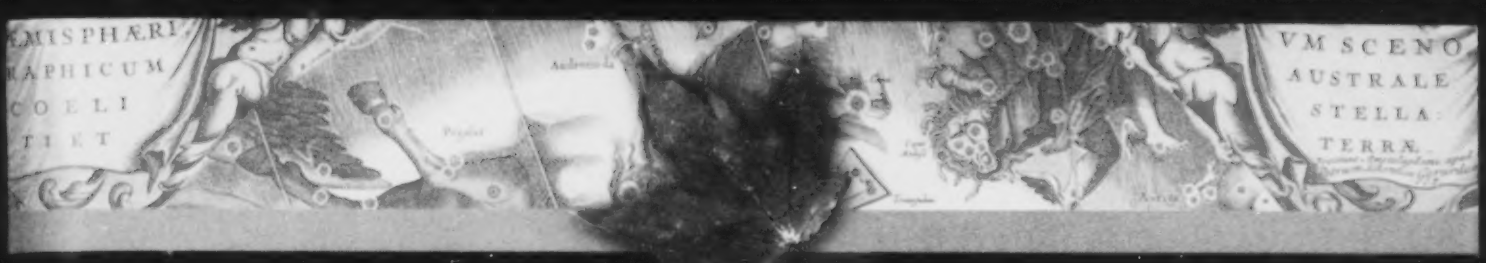

CANADA

MANITOBA

2004 FOOD PRODUCTS DIRECTORY

Manitoba

Old Dutch
Old Dutch
pizza POPS
TO-LE-DO FOODSERVICE
Double Dutch Cheesecake
All Purpose Enriched
FLOUR
Pre-Sifted
10 kg
PRAIRIE
SUNSTONE
Roast
White Bread
Whole Wheat Bread
Bagels
Cesar
BUTTY CLUB

Participating Companies

Bee Maid Honey Ltd.
Bothwell Cheese Inc.
Cavalier Candies Ltd.
City Bread
Clarus Canadian Springs
Countryside Farms
D.D. Leobard Winery Inc.
Diageo Canada Inc.
Double D's Cheesecake
Dunn-Rite Food Products Ltd.
Empire Spice Mills
Flanders Cookie Company Inc.
Fort Garry Brewing Co. Ltd.
Fresh Hemp Foods Ltd.
Freshwater Fish Marketing Corporation
General Mills Canada Inc.
Glenlochar Kitchens
Goodlife Foods
Granny's Poultry Co-operative (Manitoba) Ltd.
Greetalia Food Products Inc.
Growing Prospects Inc.
Gunn's Homemade Cakes and Pastry Ltd.
Hanover Springs Ltd.
Holts Pets
Integrity Foods
Jeanne's Bakery Ltd.
Kendall's Restaurant & Cater Co.
Kraves Candy Co.
K.U.B. Bread 1993 Ltd.
La Cocina Foods
Loveday Mushroom Farms Ltd.
McGarva International
Manbacco Inc.
Maple Leaf Distillers Inc.
Multicuisine Foods
Naleway Foods Ltd.
Neva Hydroponic Farms
Notre Dame Creamery ltd.
Old Dutch Foods Ltd.
Peak of the Market
Prairie Flour Mills Ltd.
Prairie Lane Saskatoons Inc.
Rigby Orchards
Saputo Milk Division Lait
Scott Bathgate Ltd.
Sheldon's Foods
Simplot Potato Plant
Sunstone Coffee
Sweet Truth Canadian Gourmet Candy
Tasty Seeds Ltd.
To-Le-Do Foodservice
W.H. Escott Company Ltd.
Waterro Corporation
Wild West Seasonings
Winkler Meats Ltd.
Winnipeg Old Country Sausage

Minister's Message

On behalf of Manitoba Agriculture, Food and Rural Initiatives it is my pleasure to present the 2004 Manitoba Food Products Directory.

The Directory is your guide to Manitoba's wealth of food products. It provides a comprehensive listing of Manitoba processors, manufacturers, commodity contacts, marketing boards and producer associations.

Our province's food industry is committed to the highest standards of safety and quality. Manitoba farm families grow product ingredients in a clean and wholesome environment. Manitoba Agriculture, Food and Rural Initiatives is proud to play a role in connecting Manitoba food producers with the global marketplace by developing resources such as this directory.

Manitoba's central strategic location, along with our commitment to a sustainable agricultural industry, unwavering quality standards and product diversity, have earned our province a reputation for global excellence.

I hope you will find the information in this Directory helpful as you experience all that Manitoba's food industry has to offer.

Rosann Wowchuk

Rosann Wowchuk
Minister
Manitoba Agriculture, Food and Rural Initiatives

104-02536/

2004 Manitoba Food Products Directory

This directory provides a comprehensive list of Manitoba food suppliers, brokers, wholesalers and distributors, producer associations and marketing boards plus research resources.

Listings contain addresses, telephone numbers, fax numbers, company contacts and product lists.

Using the Directory

A Commodity Index and an Index of Suppliers and Brokers have been provided. See Table of Contents for the page numbers of these and other listings.

Current marketing areas are coded after the company name:

R - regional
P - provincial
N - national
I - international

Codes:

(A) Indicates grown and processed in Manitoba.

(B) Indicates processed in Manitoba.

fi Indicates federally inspected meat or poultry plant; approved for international and interprovincial export.

= Lists quantities or descriptions in italics after specific item(s).

***** Indicates Kosher product or Kosher version available.

For information of Kosher authenticity, please contact:

Gabe Brojges
Kashruth Co-ordinator
Vaad Ha'Ir of Winnipeg Inc.
C306 – 123 Doncaster Street
Winnipeg, Manitoba R3N 2B2
Telephone:1-(204)487-9571
Fax: 1-(204)477-7405
gbrojges@aspercampus.mb.ca

Companies of associations wishing to be included in future editions of this booklet should contact the Market Development and Promotion Section, Manitoba Agriculture, Food & Rural Initiatives at:
Phone: 1-(204) 945-5928
Fax: 1-(204) 945-6134
E-mail: mdp@gov.mb.ca

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Hemp Oil Canada Inc.*
Integrity Foods
Pennicker's Food Distributors*
Prairie Flour Mills Ltd.*
Tall Grass Prairie Bread Company
Tall Grass Prairie Bread Company - The Forks

Fresh Product
Bread and Circuses Bakery Café
Cakes Unlimited*
Calypso Slices
Canada Bread Company Limited
City Bread*
Del's Specialty Meats
Desserts Plus
Donut House / Cedar Bread Factory
Double D's Cheesecake
Flanders Cookie Company Inc.
Gourmet Baker Inc
Graham's Groves
Gunn's Homemade Cakes and Pastry Ltd.*
Harvest Bakery & Deli
Integrity Foods
J. G. Penner Bakery Ltd.
Jeanne's Bakery Ltd.
KUB Bread
McGarva International
Mr. D's Tart-n-Pie
NP Foods Ltd.
Patti Cakes Inc.
Sheldon's Foods
Stone-Ground Daily Bread
Sweet Alternative Desserts
Tall Grass Prairie Bread Company
Tall Grass Prairie Bread Company - The Forks
Weston Bakeries Ltd

Frozen
Cakes Unlimited*
Creative Food Products
Desserts Plus
Double D's Cheesecake
Nicole's Desserts Inc.

Mixes
Baba's Joy of Soy
Du Bois Wild Rice Ltd.
Integrity Foods
Pizzey's Milling and Baking Company*

Pie Filling
Graham's Groves

Beverages Alcoholic

Beer
Dominion Malting Limited
Fort Garry Brewing Co. Ltd.

Distilled
Diageo Canada Inc.
Maple Leaf Distillers Inc.

Wine
D. D. Leobard Winery Inc.
Manbacco Inc.
Rigby Orchards Ltd.

Beverages Non-Alcoholic

Coffee
Black Pearl Coffee*
Hemp Oil Canada Inc.*
Pennicker's Food Distributors*
Sunstone Coffee Roastery*

Juice/Drink
Rigby Orchards Ltd.
Saputo Milk Division*
Scott Bathgate Ltd.

Soft Drinks
Pepsi Bottling Group, Winnipeg*

Tea
Miinan Incorporated

Water/Flavoured Water
Clarus Canadian Springs
Hanover Springs Ltd.*
Hendricks Beverage Company Ltd.(The HBC Ltd.)
Piney-Fine Natural Spring Water Inc.
R. W. Packaging Ltd.
Simply Natural Canadian Spring Water
Trainor Artesian Water Co. Ltd.
Water Pure & Simple Ltd.
Waterro Corporation*

Bird Seed/Pet Foods/Pet Products

Agricore United - Winnipeg
Agricore United - Carman
Best Cooking Pulses, Inc.*
Catellier Seed Service Inc.*
Emerson Milling Inc.
Keystone Grain Ltd.*
Nestibo Agra Inc.*
Parent Seed Farms Limited
Roy Legumex Inc.
Sabourin Seed Service Ltd.
Schalk Farms (Seed)
Winnipeg Mustard and Canary Seed Plant

Brokers

Binner Marketing & Sales Inc.
Bridge Brand Food Services Ltd.
Cambrian Food Group.
L & S Food Distribution
Mondo Foods Company Ltd.*

Pennicker's Food Distributors*
To-Le-Do Foodservice
Westwind Brokers

Candy/Confectionery

Bond Foods Ltd.
Cavalier Candies Ltd.*
Global Alternative Treats Ltd.
Krave's Candy Co.
Minan Incorporated
Morden's of Winnipeg Candy Mfg. Ltd.*
Progress Candy (1997) Ltd.*
Scott Bathgate Ltd.
Sweet Truth Canadian Gourmet Candy
Tamarbar Inc.
The Danish Mermaid Ltd.

Cereals

Associated Brands Inc.*
Can-Oat Milling Products Inc.*
Lucerne Bread Plant*

Condiments/Relishes/ Sauces/Salad Dressing

Auntie Terry's
Aurora Pepper Products Ltd.
Bee Maid Honey Ltd. *
Bindy's Caribbean Delights
Elman's Food Products*
Frosty's Maple Syrup
Greetalia Food Products Inc.
Kendall's Restaurant & Cater Company
Rigby Orchards Ltd.
Scott Bathgate Ltd.
Wittmann Foods International Inc.

Dairy

Butter

Notre Dame Creamery Ltd.*
Parmalat Food Inc.*
Saputo Milk Division*

Cheese

Bothwell Cheese Inc.*
Independent Fish Co. Ltd.
Lucerne Foods - A Division of Canada Safeway Ltd. - Cheese Plant
Medo-Land Dairy Products (Division of Parmalat)
Mondo Foods Company Ltd.*
Oak Island Acres Goat Dairy
Pennicker's Food Distributors*
Saputo Foods Ltd.
Volga Enterprise Ltd. (Dairy Agri Food Products)
Winnipeg Old Country Sausage Ltd.
Wortzman's Specialty Foods

Ice Cream

Goodlife Foods
Lucerne Foods - A Division of Canada Safeway Ltd. - Ice Cream Plant*
Nicole's Desserts Inc.
Saputo Milk Division*
The Danish Mermaid Ltd.

Milk Powder

Medallion Milk Company Ltd.
Parmalat Food Inc.*

Milk Products - Fluid

Lucerne - Dairy Plant*
Oak Island Acres Goat Dairy
Parmalat Dairy & Bakery Inc. (Fluid Operations)*
Saputo Milk Division*

Whey

Saputo Foods Ltd.

Eggs and Egg Products

Burnbrae Farms Limited*
Countryside Farms*
Grand Valley Eggs Ltd.
Inovatech Egg Products - A Division of MFI Food Canada Ltd.*
Nature's Farm*
Pennicker's Food Distributors*
Quack Farm

Fish

Arctic Aquafarms
Elman's Food Products*
Freshwater Fish Marketing Corporation*
Independent Fish Co. Ltd.
Independent Fish Co. Ltd.
Mariner Neptune Fish & Seafood Company Ltd.*
Wortzman's Specialty Foods

Flax

Catellier Seed Service Inc.*
D & H Thiessen Farms
Johnson Seeds*
Pitura Seed Service*
Pizzey's Milling and Baking Company*
Roy Legumex Inc.
Sabourin Seed Service Ltd.
Schalk Farms (Seed)
Toepfer International - Alfred C. Toepfer (Canada) Ltd.

Frozen

Ann's Perogey Palace
Arctic Aquafarms
General Mills Canada
Independent Fish Co. Ltd.
J. C. Foods Ltd.
McCain Foods (Canada) - A Division of McCain Foods Limited*
Midwest Food Products Inc.*
Naleway Foods Ltd.
Nestle Canada Inc.*
Roastwell International Gourmet Foods Ltd.

Fruit

Fresh
Graham's Groves
Klassen Berry Farm
Miinan Incorporated
Prairie Lane Saskatoons Inc.

Frozen
Graham's Groves

Juice
Graham's Groves
Miinan Incorporated
Rigby Orchards Ltd.

Gift

Frosty's Maple Syrup
Great Northern Wild Rice
Indian Head Wild Rice
Miinan Incorporated
Northern Manitoba's Wild Rice Inc.
The Danish Mermaid Ltd.
Tundra Wild Rice Inc.
Wild Harvest Rice Co.

Grains and Seeds

Agricore United - Winnipeg
Agricore United - Carman
Canadian Wheat Board
Catellier Seed Service Inc.*
D & H Thiessen Farms
Dominion Malting Limited
Emerson Milling Inc.
Integrity Foods
Interlake Forage Seeds Ltd.
Keating Seed Farms Inc.
Keystone Grain Ltd.*
Polar Foods Inc.
Prairie Flax*
Roy Legumex Inc.
Sabourin Seed Service Ltd.
Schalk Farms (Seed)
Tall Grass Prairie Bread Company
Tall Grass Prairie Bread Company - The Forks
Toepfer International - Alfred C. Toepfer (Canada) Ltd.

Hemp

Fresh Hemp Foods Ltd.*
Hemp Oil Canada Inc.*

Herbs/Health

Earthly Designs & Ventures (EDB)
Growing Prospects Inc.
Mckiwin Corporation
Neva Hydroponic Farms
Vic Fitness
Vita Health Co. (1985) Ltd.*

Honey

Bee Maid Honey Ltd. *
Giguere Honey Farms
Herb Isaac Sales
Wittmann Foods International Inc.

Ingredient Manufacturers and Suppliers

Border Chemical Company Limited*
Burcon NutraScience (MB) Corp.
Can-Oat Milling Products Inc.*
CanaAmera Foods*
Canada Compound Western Limited
Empire Spice Mills*
Inovatech Egg Products - A Division of MFI Food Canada Ltd.*
Parrheim Foods (Division of Parrish & Heimbecker Limited)*
Prairie Flour Mills Ltd.*
Scott Bathgate Ltd.

Jams, Jellies, Preserves, Toppings, Syrup

Crampton's Manitoba Maid
Miinan Incorporated
Prairie Lane Saskatoons Inc.
Rigby Orchards Ltd.
Scott Bathgate Ltd.
The Danish Mermaid Ltd.

Kosher

A.D.M. Milling Co*
Associated Brands Inc.*
Bee Maid Honey Ltd. *
Best Cooking Pulses, Inc.*
Black Pearl Coffee*
Border Chemical Company Limited*
Bothwell Cheese Inc.*
Burnbrae Farms Limited*
Cakes Unlimited*
Can-Oat Milling Products Inc.*
CanaAmera Foods*
Catellier Seed Service Inc.*
Cavalier Candies Ltd.*
City Bread*
Countryside Farms*
Elman's Food Products*
Empire Spice Mills*
Fleisher Wholesale Meats Ltd.*
Fresh Hemp Foods Ltd.*
Freshwater Fish Marketing Corporation*
Gunn's Homemade Cakes and Pastry Ltd.*
Hanover Springs Ltd.*
Hemp Oil Canada Inc.*
Inovatech Egg Products - A Division of MFI Food Canada Ltd.*
Johnson Seeds*
Keystone Grain Ltd.*
Lucerne Bread Plant*
Lucerne Foods - A Division of Canada Safeway Ltd. - Cheese Plant
Lucerne Foods - A Division of Canada Safeway Ltd. - Ice Cream Plant*

Mariner Neptune Fish & Seafood Company Ltd.*
McCain Foods (Canada) - A Division of McCain Foods Limited*
Medo-Land Dairy Products (Division of Parmalat)
Midwest Food Products Inc.*
Mondo Foods Company Ltd.*
Morden's of Winnipeg Candy Mfg. Ltd.*
Nature's Farm*
Nestibo Agra Inc.*
Nestle Canada Inc.*
Notre Dame Creamery Ltd.*
Oak Island Acres Goat Dairy
Old Dutch Foods Limited*
Old Fashioned Noodle Products
Parmalat Dairy & Bakery Inc. (Fluid Operations)*
Parmalat Food Inc.*
Parrheim Foods (Division of Parrish & Heimbecker Limited)*
Pennieker's Food Distributors*
Pepsi Bottling Group, Winnipeg*
Pitura Seed Service*
Pizzey's Milling and Baking Company*
Prairie Flax*
Prairie Flour Mills Ltd.*
Progress Candy (1997) Ltd.*
Saputo Foods Ltd.
Saputo Milk Division*
Sunco Foods*
Sunstone Coffee Roastery*
Tasty Seeds Ltd. *
Vita Health Co. (1985) Ltd.*
W. H. Escott Company Ltd.*
Waterro Corporation*
Winnipeg Mustard and Canary Seed Plant
Winpak Ltd.*

Meat Fresh and Processed

Beef
Bavarian Meat & Sausage
Canada West Foods
Del's Specialty Meats
Fleisher Wholesale Meats Ltd.*
Glenlochar Kitchens
H & K Packers Co. Ltd.
HMS Foods Ltd.
Interlake Packers Ltd.
J. C. Foods Ltd.
Maple Leaf (Pork)
Pembina Valley Meats
Plains Processor Ltd.
Preferred Meats Inc.
Schneider Foods
Retail Sales Division
Shellmouth Sausage Co.
Smith's Corned Beef & Sausage
Winnipeg Old Country Sausage Ltd.

Bison
Bison Spirit Ranch
Ostrich Products
Overby Bison
Plains Processor Ltd.
Red River Bison

Chicken
Dunn-Rite Food Products Ltd.
Granny's Poultry Co-operative (Manitoba) Ltd.
J. C. Foods Ltd.
Maple Leaf Consumer Foods
Ostrich Products
Pembina Valley Meats
Winnipeg Old Country Sausage Ltd.

Duck
Dunn-Rite Food Products Ltd.

Game
Front-Tier Ventures
M & S Schmulgen Western Canada's Natural Wild Meat Producer
Plains Processor Ltd.

Goose
Northern Goose Processors Ltd.

Lamb
Canada West Foods
Preferred Meats Inc.

Ostrich
C.O.M.E.T. (Canadian Ostrich Marketing & Export Team)
Ostrich Products

Pork
Bavarian Meat & Sausage
Canada West Foods
Del's Specialty Meats
Eidse Family Farms
H & K Packers Co. Ltd.
HMS Foods Ltd.
Interlake Packers Ltd.
Maple Leaf (Pork)
Maple Leaf Consumer Foods
Maple Leaf Pork
Pembina Valley Meats
Plains Processor Ltd.
Prairie Abattoir Ltd.
Preferred Meats Inc.
Schneider Foods
Retail Sales Division
Smith's Corned Beef & Sausage
Springhill Farms
Winkler Meats Ltd.
Winnipeg Old Country Sausage Ltd.

Turkey
Dunn-Rite Food Products Ltd.
Front-Tier Ventures
Granny's Poultry Co-operative (Manitoba) Ltd.
Maple Leaf Consumer Foods
Prairie Produce (1996) Inc.

Wild Boar
M & S Schmulgen Western Canada's Natural Wild Meat Producer
Pasak Farm Limited

Natural/Organic

A.D.M. Milling Co*
Black Pearl Coffee*
Cambrian Wild Rice Inc.
Du Bois Wild Rice Ltd.
Frosty's Maple Syrup
Gourmet Mushroom Company

Growing Prospects Inc.
Herb Isaac Sales
Indian Head Wild Rice
Integrity Foods
M & S Schmulgen Western Canada's Natural Wild Meat Producer
Miinan Incorporated
Nature's Farm*
Northern Forest Diversification Centre
Polar Foods Inc.
Prairie Flour Mills Ltd.*
Prairie Lane Saskatoons Inc.
Rigby Orchards Ltd.
Stone-Ground Daily Bread
Tundra Wild Rice Inc.
Wild Harvest Rice Co.

Oils and Fats

CanaAmera Foods*
Fresh Hemp Foods Ltd.*
Hemp Oil Canada Inc.*
Pennicker's Food Distributors*
Toepfer International - Alfred C. Toepfer (Canada) Ltd.

Packaging

Premier Packaging Services Inc.
R. W. Packaging Ltd.
Red River Packaging Products Ltd.
Winpak Ltd.*

Pasta

Bindy's Caribbean Delights
Nature's Farm*
Old Fashioned Noodle Products
Sunco Foods*

Peas, Beans and Lentils

Bulk

Agricore United
Agricore United
Best Cooking Pulses, Inc.*
Parent Seed Farms Limited
Prairieland Grain Co. Ltd.
Roy Legumex Inc.
Sabourin Seed Service Ltd.
Toepfer International - Alfred C. Toepfer (Canada) Ltd.
W. H. Escott Company Ltd.*

Consumer Ready

Eidse Family Farms
W. H. Escott Company Ltd.*

Soup Mix/Other

Eidse Family Farms
Glenlochar Kitchens

Pizza

Baba's Joy of Soy
Creative Food Products
Del's Specialty Meats
General Mills Canada
J. G. Penner Bakery Ltd.
Roastwell International Gourmet Foods Ltd.

Prepared Foods

Ann's Perogey Palace
General Mills Canada
Gunn's Homemade Cakes and Pastry Ltd.*
Mr. D's Tart-n-Pie
Naleway Foods Ltd.
Sevala's Deli & Catering
Sunco Foods*

Snack

Chips

La Cocina Foods
Old Dutch Foods Limited*

Other

Baba's Joy of Soy
Bond Foods Ltd.
Bread and Circuses Bakery Café
Miinan Incorporated
Scott Bathgate Ltd.
Sunny Day Products Ltd.
Tasty Seeds Ltd. *
W. H. Escott Company Ltd.*

Sunflower Seeds

Eco-Farms Limited
Keystone Grain Ltd.*
Nestibo Agra Inc.*
Scott Bathgate Ltd.
Sunny Day Products Ltd.
Superior Harvest Foods Inc.
Tasty Seeds Ltd. *

Soy

Baba's Joy of Soy
Medallion Milk Company Ltd.
Pitura Seed Service*
Superior Harvest Foods Inc.
Winnie's Winning Ways

Spices, Seasonings and Flavourings

Bindy's Caribbean Delights
Canada Compound Western Limited
Empire Spice Mills*
Growing Prospects Inc.
Pennicker's Food Distributors*
Popcorn Pizzazz
Scott Bathgate Ltd.
Wild West Seasonings

Vegetables

Fresh

Gourmet Mushroom Company
Itzke River Farm Ltd.
Johnson Seeds*
Neva Hydroponic Farms
Sprout World

Frozen/Processed/ Dried

McCain Foods (Canada) - A Division of McCain Foods Limited*
Midwest Food Products Inc.*
Nestle Canada Inc.*
Pennicker's Food Distributors*

Wild Rice

Arseniuk Wild Rice
Cambrian Wild Rice Inc.
Du Bois Wild Rice Ltd.
Great Northern Wild Rice
Indian Head Wild Rice
Northern Manitoba's Wild Rice Inc.
Tundra Wild Rice Inc.
Wild Harvest Rice Co.

Food Products Directory Alpha Listing

A

A.D.M. Milling Co* (R,P)

7 Higgins Avenue
Winnipeg, Manitoba R3B 0A1
Phone: (204) 925-2100
Fax: (204) 947-1788
Contact: Brian Guyda, General Manager

(A)
Manufacturers and suppliers of bulk white and whole wheat flours, bleached and unbleached; Bagged flour - 40, 20, and 10 kg
- Standard Bakers
- Hi Protein
- No Time
- Strong Bakers
- Top Patent
- Whole Wheat
- Stone Ground
- Organic

Bulk pelleted mill feeds

Agricore United (R,P,N,I)

TD Centre
201 Portage Avenue
P. O. Box 6600
Winnipeg, Manitoba R3C 3K7
Phone: (204) 944-5411
Fax: (204) 944-5454
infomaster@agricoreunited.com
www.agricoreunited.com
Contact: Brad Fowler, Merchandising Manager
John Dean, International Market Development

(A) (B)
All grains, oilseeds and pulses

Agricore United (R,P,N,I)

P.O. Box 488
Carman, Manitoba R0G 0J0
Phone: (204) 745-6711
(888) 384-2838
Fax: (204) 745-6608
dmelvin@agricoreunited.com
www.agricoreunited.com
Contact: Francois Labelle or Don Melvin, Carman Office

(A)
Yellow Split Peas
Yellow Whole Peas
Green Split Peas
Green Whole Peas
Lentils
Chickpeas
Edible Beans

Ann's Perogey Palace (P,R)

413 Magnus Avenue
(at Salter Street)
Winnipeg, Manitoba R2W 2C2
Phone: (204) 586-7842
Fax: (204) 586-0687
Contact: Carol Anne Barker

(A)
PEROGEYS - 1 or 3 doz packs
Handmade
Potato and Cheddar Cheese
Potato and Fried Onion
Potato and Cottage Cheese
Meat and Potato
Sauerkraut
Cottage Cheese
Extra "Cheesey" Potato and Cheddar Cheese
COMMERCIAL PEROGEYS
Potato & Cheddar Cheese (Only) 4 doz bags available (fresh or frozen), 12 doz cases (frozen)
PERESHKEY (baked buns) (1,2,3 doz packs or larger)
Sauerkraut
Potato and Fried Onion
Meat with Potato
Extra "Cheesey" - Potato and Cheddar Cheese
CABBAGE ROLLS - 1 doz tray fully cooked
2 1/2 + 4 doz roasters (frozen - some oven time required)
Rice & Bacon with Fried Onion & Tomato Sauce
2 1/2 + 4 doz Rice & Beef
VEGETARIAN - (rice with fried onion)
Advanced orders required.
1 doz. + 2 1/2 doz. Roasters.

Arctic Aquafarms (R,P,N)

Box 51
Garson, Manitoba R0E 0R0
Phone: (204) 268-3327
Fax: (204) 338-0656
Contact: Peter K. Palashuk, Vice-President and General Manager

Fresh Arctic Char
(Dressed (0.25 - 2.0 kg)
Filleted (120 - 250 g)
Boned (250 - 500 g)
Fresh Rainbow Trout
Dressed (0.25 - 1 kg)
Filleted (120 - 250 g)
Boned (250 - 500 g)
Fresh Brook Trout
Dressed (250 - 500 g)
Filleted (250 g)
All above items are also available in smoked and frozen form.

Arseniuk Wild Rice (R,P,N,I)

P. O. Box 356
Lac du Bonnet, Manitoba
R0E 1A0
Phone: (204) 345-2277
Fax: (204) 345-8674
jarseniuk@yahoo.com
Contact: Harry Arseniuk

(A)
Wild rice in bulk. Also 454 g/lb.
Pre-packaging upon request.

Associated Brands Inc.* (R,P,N,I)

Prairie Maid Plant
905 Berry Street
Winnipeg, Manitoba R3H 0S7
Phone: (204) 783-1363
Fax: (204) 783-5902
mnolette@associatedbrands.com
www.associatedbrands.com
Contact: Martin Nolette,
Plant Manager
Dan McPherson,
Sales Director
Phone: 1-(416) 503-7014
Fax: 1-(416) 259-4317

(A)
Prairie Maid Wheat Krisps
12/225 g
Prairie Maid Wheat Krisps
12/450 g
Prairie Maid Start Right Rice
12/225 g
Newport Fluffs Puffed Wheat
24/175 g
Newport Fluffs Puffed Wheat
12/350 g

Auntie Terry's (R,P)

Box 266
Anola, Manitoba R0E 0A0
Phone: (204) 866-3685
Fax: (204) 866-2445
spiritgv@mts.net
www.spiritgrove.org
Contact: Terry Lee Blocker
Owner

Wicked Pickles
Zucchini Relish
BBQ Sauces
Ready to serve frozen
soups
Pickled Beets

Aurora Pepper Products Ltd. (R,P)

92 St. Alphonse Avenue
Ste. Anne, Manitoba R5H 1H1
Phone: (204) 422-9856
Fax: (204) 422-5325
Contact: Edward Penhall

(A)
Aurora Hot Pepper Sauce
12/150 ml
Blueberry Blackbean Sauce
12/375 ml

B

Baba's Joy of Soy (R,P,N,I)

667 Ellice Avenue
Winnipeg, Manitoba R3G 0A8
Phone: (204) 788-1642
Fax: (204) 775-1055
ipldesig@mts.net
Contact: Suzette or Izabela

Roasted soybean - 16 flavours
Soy Cookie Mix
Pizza Mix
Soya Krispie Square/Cookies
Waffle Mix

Bavarian Meat & Sausage (P)

Division of Bavarian Village
Deli Ltd.
650 Golspie Street
Winnipeg, Manitoba R2K 2V1
Phone: (204) 667-6860
Fax: (204) 669-0193
Contact: Chris Mayer, President

(A)
Back Bacon
Pizza Back Bacon
Hotel Bacon #1 sliced 11 lb. Box
Bacon Side, rind on
Bacon Side Rind on chunk
Bologna
Bung, Whole
Bung, chunk
Bologna Rings
Corned Beef
Corned Beef Round
Corned Beef Brisket
Pastrami Eye
Montreal Smoked Beef Brisket
Fresh Sausage
Pork Sausage
Pork & Beef Sausage
Bratwurst
Italian Sausage
Garlic Sausage
Fine Coil Garlic
Fine Garlic Ring
Kolbassa Ham Garlic
Kolbasso Roll
Coil Garlic Chub 10 x 500 g box
Ham
Bavarian Festive Ham
Black Forest
Old Fashioned
Country Smoked Ham 1/2s
Ham with Honey Garlic Flavour

Cooked Ham Regular
Breakfast Ham (tin end)
Ham Sausage
Cajun Ham
Headcheese
Headcheese Regular
Headcheese Hungarian
Ham Headcheese
Liver Sausage
Liver Sausage Fine
Liver Sausage Coarse
Liver Sausage Herbs
Liver Sausage Onions
Pate with Mushrooms
Pate wth Cognac
Pate with Herbs
Pate with Onions
Loaves
Bavarian Meat Loaf
Ham & Bacon Loaf
Spiced Ham Loaf
Toasted Onion Loaf
Mock Chicken Loaf
Veal Loaf
Black Forest Ham Loaf
Pepperoni
Pizza Pepperoni
Pepperettes 10"
Salami
Bavarian Lunch Salami
Beef Salami
German Salami
Hungarian Salami
Turkey Salami
Tangy Summer Sausage
Pepperoni Chub 12 x 350 g box
Salami Chub 12 x 350 g box
Specialty sausage
Beerwurst
Jagdwurst
Blood & Tongue Loaf
Buckwheat Sausage
Farmer Sausage
Fleishwurst (Leoner)
Half & Half
Mettwurst
Smoked Pork Hocks
Smoked Pork Loin
Turkey Roll White
Turkey Roast White Breast
Roast Beef
Bavarian Roast Pork
Wesphalian Knackwurst
Wieners
Bavarian Smokies
Bockwurst
European Knackwurst
Weisswurst
Kubbi Dogs
Wieners 8" (6 pack)
Wieners 8" (20 pack)
Cheddar Dogs
Beer Wieners 7" (6 pack)
Pork Cutlet Choice 5 kg box
5 oz. each
Beef Patties

Bee Maid Honey Ltd. * (R,N,P,I)

625 Roseberry Street
Winnipeg, Manitoba R3H 0T4
Phone: (204) 783-8977
Fax: (204) 783-8468
honey@beemaid.com
www.beemaid.com
Contact: Don Cozine,
Chief Executive Officer
Gordon Marks, CEO

(A)
12 x 250 g Liq. Petg
12 x 500 g Liq. Petg
12 x 500 g Liq. Beehive
12 x 1 kg Liq. Beehive
12 x 250 g Crm. Plastic
12 x 500 g Crm. Squeeze
24 x 375 g Crm. Plastic
24 x 500 g Crm. Plastic
12 x 500 g Crm. Plastic
12 x 1 kg Crm. Plastic
12 x 375 g Cinnamon Squeeze
12 x 500 g Liq. Unp. Beehive
12 x 1 kg Liq. Unp. Beehive

Best Cooking Pulses, Inc.* (R,P,N,I)

110 - 10th Street N. E.
Portage la Prairie, Manitoba
R1N 1B5
Phone: (204) 857-4451
Fax: (204) 239-6885
bcp@mts.net
www.bestcookingpulses.com
Contact: Annette Heal

(A)
Pea Hull Fibre, Fine and Coarse*
Flushable Cat Litter
Pea Flour

Bindy's Caribbean Delights (P)

151 - 1 Forks Market Road
Winnipeg, Manitoba R3C 4L8
Phone: (204) 942-8409
Fax: (204) 956-7209
jswarath@hotmail.com
www:bindys.ca
Contact: Jerome Swarath,
General Manager

Hot Sauces
Seasonings
Rotishells

Binner Marketing & Sales Inc. (P)

870 Bradford Street
Winnipeg, Manitoba R3H 0N5
Phone: (204) 783-3177
Fax: (204) 783-6363
murrayb@binnermarketing.com
www.binnermarketing.com
Contact: Murray Binner

Sales agents for Naleway Foods,
Food Service Division
see under "N" for product listing

Bison Spirit Ranch (R,P)fi

Box 301
Oak Lake, Manitoba R0M 1P0
Phone: (204) 855-2727
(204) 855-2812
Fax: (204) 855-3225
tgompf@mb.sympatico.ca
Contact: Garnet & Nora Gompf,
Tim & Judy Gompf
Trevor Gompf

(A)
Bison Meat:
Steaks
Sausage
Ground Burger
Burger Patties
Ribs
Roasts
Garlic Sausage
Smokies
Jerky
Halves
Quarters
$100.00 + Packages
All meat pure and natural,
reasonable prices,
government inspected,
no growth hormones,
low in fat, low in
cholesteral,
high in iron and protein.

Black Pearl Coffee* (P)

F33, 542 Dufferin Avenue
Winnipeg, Manitoba R2W 2Y9
Phone: (204) 586-3989
Fax: (204) 586-3989
blackpearlcoffee@shaw.ca
Contact: Boyd Trevis,
Owner

Coffee
organic
fair trade
syrup flavours

Bond Foods Ltd. (R,P,N)

1429 Mountain Avenue
Unit A
Winnipeg, Manitoba R2X 2Y9
Phone: (204) 697-4040
Fax: (204) 697-3494
gnowlin@bondfoods.mb.ca
Contact: Glen Nowlin, President

(B)
Jet-Puffed Marshmallows
Fruit Snacks & Fruit Roll Ups
Caramels
Specialty Candy for all seasons:
Easter, Christmas, Halloween,
Valentine's Day, etc.

Border Chemical Company Limited*

Box 62037
104 Regent Avenue
Winnipeg, Manitoba R2C 5G2
Phone: (204) 222-3276
Fax: (204) 224-0562
Contact: Dennis Smerchanski

(B)
Food processing chemicals*

Bothwell Cheese Inc.* (R,P,N)

Box 119,
61 Main Street N.
New Bothwell, Manitoba
R0A 1C0
Phone: (204) 388-4666
(800) 361-9542
Fax: (204) 388-4172
email@bothwellcheese.com
www/Bothwellcheese.com
Contact: Ivan J. Balenovic
President
Brad Gusdal
Controller

(A)
20, 5 & 2.5 kg blocks
650, 454, 300, 200 gram packages
Cheddar - curds, fresh, mild,
medium, marble, old, aged,
marble, light, no salt,
Caraway Cheese, Garlic Cheese,
Jalapeno Pepper, Farmers Cheese,
Mozzarella, Part Skim Mozzarella,
Gouda Cheese, Colby Cheese,
Monterey Jack, Swiss Cheese,
Feta Cheese, Goat Cheese
Paneer Cheese, Smoked Cheeses

(B)
Smoked Fish (For Provincial
Sales Only):
Smoked Salmon Lox
Smoked Steelhead Trout Lox
Smoked Pickerel Fillets

Brar Flour Mills (R)

101 Plymouth Street
Winnipeg, Manitoba R2X 2V5
Phone: (204) 697-9441
Fax: (204) 632-7054
Contact: Mr. H. Lahora,
Owner

Flour

Bread and Circuses Bakery Café (R,P,N)

238 Lilac Street
Winnipeg, Manitoba R3M 2T3
Phone: (204) 477-4555
Fax: (204) 475-2349

Contact: Tom Janzen

(A)
Granola Bars - Chocolate Chip, Apricot
Whole Grain Breads - Brown, Multi-Grain, Herb, Cinnamon, Raisin

Bridge Brand Food Services Ltd. (R,P,N)
2 Hoka Street
Winnipeg, Manitoba R2C 3N2
Phone: (204) 224-0134
Fax: (204) 222-0935
www.bridgebrand.ca
Contact: Ralf Eichstadter, General Manager
Ed Thompson, Purchasing Supervisor

(A)
Fresh Produce
(B)
Dry Groceries
Fresh Produce
Frozen Foods
Meat, Seafood, Poultry
Full line of Beverages and Beverage Dispensing Equipment
Paper Goods
Smallwares
Dairy
Restaurant Equipment

Burcon NutraScience (MB) Corp. (R,P,N,I)
1388 Waller Avenue
Winnipeg, Manitoba R3T 1P9
Phone: (204) 475-6207
Fax: (204) 284-6407
www.burcon.ca
Contact: Martin Schweizer
Technical Development Manager

(A)
Puratein TM, Canola Protein Isolate

Burnbrae Farms Limited* (R,P,N,)fi
Processing Plant
1710 Wellington Avenue
Winnipeg, Manitoba R3H 0E6
Phone: (204) 783-5359
Fax: (204) 774-5075
dmunroe@burnbraefarms.com
www.burnbraefarms.com
Contact: Processing Plant
Doug Munroe
Grading Plant
500 Pandora Avenue West
Winnipeg, Manitoba
R2C 1N1
Phone: (204) 222-2783
Fax: (204) 224-0046
Contact: Frank Both
fboth@burnbraefarms.com

(A)
Eggs and Egg Products

C

C.O.M.E.T. (Canadian Ostrich Marketing & Export Team)
Group 545, Rr# 5
P.O. Box 9
Winnipeg, Manitoba R2C 2Z2
Phone: (204) 224-2033
Fax: (204) 224-4019
cometing@mts.net
www.cometcanada.com
Contact: Ken Lewis
President
Melanie Rennie
Vice President

Cakes Unlimited* (R,P)
55 Plymouth Avenue
Winnipeg, Manitoba R2X 2V5
Phone: (204) 632-7887
Fax: (204) 633-5912
ella@cakes.mb.ca
Contact: Ella Muchnik, Marketing

Dessert Cakes
Ice Cream Cakes

Calypso Slices (P)
1325 Mollard Road
West St. Paul, Manitoba
R2P 2T6
Phone: (204) 697-8042
Fax: (204) 632-9164
calypsoslices@skyweb.ca
Contact: Roslyn Pilgrim

Cakes
Passion Fruit
Mango
Coconut Rum
Caribbean deserts

Cambrian Wild Rice Inc. (R,P,N,I)
P. O. Box 175
St. Georges, Manitoba R0E 1V0
Phone: (204) 367-8451
Fax: (204) 367-2178

lgaffray@shaw.ca
Contact: Lawrie Gaffray, President

(A)
Canadian Lake Wild Rice
Bulk: 80 lb. & 50 lb. Bags
20 lb. Boxes
Custom retail packaging
Specializing in exports 250 g and 100 g retail packages
Supplier of Certified Organic Wild Rice

Can-Oat Milling Products Inc.* (R,P,N,I)

P. O. Box 520
Portage la Prairie, Manitoba
R1N 3W1
Phone: (204) 857-9700
Fax: (204) 857-9500
info@can-oat.com
Contact: Karl Gerrand

Manufacturers and suppliers of Processed Oat Products:
Oat flour, oat bran regular rolled oats, quick rolled oats, instant rolled oats, baby oats, crushed oats, instant oats, custom specialties
Packaged in:
25 kg and 50 lb. - truck, rail
Tote sacks - truck, rail
Bulk - truck rail

CanaAmera Foods* (R,P,N,I)

204 - 2030 Notre Dame Avenue
Winnipeg, Manitoba R3H 0J8
Phone: (204) 925-4500
Fax: (204) 925-4503
gregachristen@bunge.com
Com
Contact: Greg Christensen, Sales Representative

(A)
Canola Oil Products
Canola Oil - 3 L, 16 L, 1043 kg
Canola Frying Shortening - 16 L, 1043 kg liquid, 20 kg solid
General Purpose Shortening
Hi Ratio Shortening - 20 kg
Creaming Base, Icing Base
Soft Margarine - 1 lb
Solid Margarine - 1 lb, 20 kg
No Palm, No Salt, Bakers Tenderflake Lard - 1 lb., 20 kg
Coconut Oil - 20 kg
Whippee Whip Topping - 1 L, 4 kg Liquid Vanilla Icing & Filling - 4 kg
Emulsifiers, Lecithin
Tank Truck and Tank Car Capacity for Bulk Oil & Shortening
Olive Oil
Sunflower Oil

Canada Bread Company Limited (R,P,N)

820 Berry Street, Suite A
Winnipeg, Manitoba R3H 1H2
Phone: (204) 786-7611
Fax: (204) 783-8074
Contact: Bruce Turner, Regional Sales Manager - Manitoba
1-800-665-4849

(A)
Breads
White, Brown, Cracked Wheat, 100% Whole Wheat, French, Sandwich Breads, Dempster Hearty Grains Bread, Raisin, Rye Bread Varieties
Rolls
Hamburger, Hot Dog Rolls, Dinner Rolls, Crusty Rolls, Submarine Rolls
Muffins
Complete Line of English Muffins
Brown & Serve Bread Sticks
Bagels - Dempster Deluxe
Complete Line - Sliced Bagels
Dempster Flat Breads

Canada Compound Western Limited

417 - 419 McPhillips Street
Winnipeg, Manitoba R2X 2Z8
Phone: (204) 586-8401
Fax: (204) 589-3693
Contact: Mr. Steve Gilmore
President/G.M.

(B)
Casing - Butcher Industry
Spices
Seasonings

Canada West Foods

41 Paquin Road
Winnipeg, Manitoba R2J 3V9
Phone: (204) 667-9903
Fax: (204) 667-5605
dian.trinkaus@cwfoods.mb.ca
Contact: Ms. Dian Trinkaus, Human Resources Manager

Meat Packers
Provide case ready meat products.

Canada Wild Rice Council (R,P,N,I)

700 Wellington Crescent
Winnipeg, Manitoba R3M 0C2
Phone: (204) 475-3136
Fax: (204) 888-7706

Contact: President,
Market Referral List as
endorsed by the Canada
Wild Rice Council
provided on request.

Canadian Oilseed Processors Association

2150 - 360 Main Street
Winnipeg, Manitoba R3C 3Z3
Phone: (204) 956-9500
Fax: (204) 956-9506
copa@mb.sympatico.ca
Contact: Robert Broeska,
President

Canadian Wheat Board (R,P,N,I)

423 Main Street
P. O. Box 816 Station Main
Winnipeg, Manitoba R3C 2P5
Phone: (204) 983-3421
Fax: (204) 983-4678
cwb@cwb.ca
http://www.cwb.ca
Contact: Jim Pietryk, Manager
Communiciations and
Government Relations
Lorelle Selinger,
Marketing Assistant
(204) 983-0320

(A)
Marketing Corporation for
wheat and barley grown
in Western Canada

Catellier Seed Service Inc.*

Box 25
Dufrost, Manitoba R0A 0K0
Phone: (204) 347-5588
Fax: (204) 347-5890
pc@mb.sympatico.ca
Contact: Guy/Patrick Catellier

Mustard seed*
Yellow Mustard*
Oriental Mustard*
Brown Mustard*
Canary seed
Processed flax, wheat, barley,
oats*
Soyabeans

Cavalier Candies Ltd.* (R,P,N,I)

185 Bannatyne Avenue E.
Winnipeg, Manitoba R3B 0R4
Phone: (204) 957-8777
Fax: (204) 947-2044
wfletcher@cavaliercandies.com
Contact: Mr. Walter Fletcher,
President
Romano Guzzo,
Business Systems Manager

(A)
Individually Wrapped Jellies
(Pizazz)
Jelly Slices with Rind* - orange,
lemon, lime, grape,
raspberry, watermelon,
grapefruit
Neapolitan Jellies* - orange,
lemon, lime, raspberry, pear,
grape - 9.08 kg
Unwrapped Jellies*
Jelly Slices with Rind* - orange,
lemon, lime, raspberry, grape,
watermelon, grapefruit
Plain Jelly Squares* - lemon,
lime, orange, raspberry,
pear, grape
Boston Jelly Squares* - lemon,
lime, orange, raspberry, pear,
grape - 6 boxes, 2.27 kg/case
Neapolitan Jelly Squares* -
lemon, lime, orange,
raspberry, pear, grape
Rainbow Jelly Squares* - lemon,
lime, orange, raspberry, pear,
grape - 6 boxes, 2.27 kg/case
Turkish Delight* - pink,
green 5 kg
Peanut Brittle* - 5 kg
Peanut Toasties* 8 kg
Raspberry Drops* 10 kg
Mint Humbugs* 11 kg
Toasted Marshmallows 5 kg
Assorted Jelly Trays* 12/350 g,
12/600 g, 12/900 g
Family Mix Trays* 12/300 g
12/600 g, 12/850 g
Hostess Assortment Trays
12/300 g, 12/550 g, 12/850 g
Assorted Fruit Slices Tray*
12/200 g, 12/400 g
Assorted Jelly Slices* 12/200 g
Assorted Jelly Squares*
12/200 g
Toasted Marshmallows 12/250 g
New Pizazz Boxed Juicy Jellies
24/100 g 24/200 g,
12/400 g
Specialty Candy for all Seasons:
Easter, Christmas, Halloween,
Valentine's Day, etc.

Central Grain Company Company Ltd.

172 Archibald
Winnipeg, Manitoba R2J 0W3
Phone: (204) 233-4977
Fax: (204) 231-2539
info@centralgrain.com
http://www.centralgrain.com
Contact: Elliot Rodin
Manager

City Bread* (R,P,N,I)

232 Jarvis Avenue
Winnipeg, Manitoba R2W 3A1
Phone: (204) 586-8409
Fax: (204) 582-2175

wsaxler@citybread.com or
vmagda@citybread.com
Contact: Mr. Werner Saxler,
Sales Manager
Mr. Vic Magda, Director of
Sales and Marketing

Bread, rolls, bagels,
croissants
pies/cakes/pastries
(includes frozen)

Clarus Canadian Springs

170 Marion Street
Winnipeg, Manitoba R2H 0T4
Phone: (204) 233-6304
Fax: (204) 237-0700
Clarus@powerland.mb.ca
www.claruscanadian.com
Contact: Mr. Bob Axworthy,
Owner

(A)
Bottled Spring Water
Cool Mountain Gourmet Soda
Private Label Water
Hemp Soda
(2002) Rated
6th Best Water In
the World
by Berkley International

Countryside Farms* (R,P)fi

Box 809
Steinbach, Manitoba R0A 2A0
Phone: (204) 326-4313
(866) 360-3447
Fax: (800) 718-3447
Contact: Peter Wieler

(A)
Grade A Fresh Eggs and
Processed Eggs

Crampton's Manitoba Maid (P)

Box 173
Starbuck, Manitoba R0G 2P0
Phone: (204) 735-2479
Fax:
Contact: Paulette Crampton
Sam Crampton

(A)
Manitoba Maid ® Jams,
250 ml
Pembina Plum Jam
Raspberry Jam
Strawberry Jam
Strawberry-Apple Jam
Strawberry-Rhubarb Jam
Strawberry-Raspberry Jam
Saskatoon Jam
Manitoba Maid ® Jellies,
250 ml
Crabapple Jelly
Raspberry Jelly
Strawberry Jelly
Chokecherry Jelly
Highbush Cranberry Jelly
Manitoba Maid ® Marmalades,
250 ml
Rhubarb Marmalade
Saskatoon Marmalade
Manitoba Maid ® Pancake
Syrups, 360 ml
Strawberry Syrup
Chokecherry Syrup
Raspberry Syrup
Saskatoon Syrup
(B)
Manitoba Maid ® Jams,
250 ml
Apricot Jam
Dutch Apple Jam
Peach Jam
Peachy Plum Jam
Blueberry Jam
Manitoba Maid ® Marmalades,
250 ml
Seville Orange Marmalade
Three Fruit Marmalade

Creative Food Products (R, P)

35 Winfield Way
Winnipeg, Manitoba R2R 1V8
Phone: (204) 694-9390
Fax:
Contact: Richard Anton

(A)
Manufacture and sell pizza
crusts, frozen croissants,
frozen turnovers, puff pastry,
cinnamon buns and pizza
tries under trade name
"Creative"

Crescent Multifoods (R,P,N)

P. O. Box 86
406 Pacific Avenue
Winnipeg, Manitoba R3C 2G1
Phone: (204) 943-7461
Fax: (204) 942-4075
mzachanowich@northwest.ca
Contact: Mark Zachanowich,
Director of Operations
Greg Kennedy,
OperationsWarehouse Manager
gkennedy@northwest.ca

D

D & H Thiessen Farms (R,P)

Box 149
Lowe Farm, Manitoba R0G 1E0
Phone: (204) 746-8526
Fax:
Contact: Helen Thiessen
Dan Thiessen

(A)
Golden Flaxseed
Buckwheat Hull Neckrolls,
Cushions and Pillows

D. D. Leobard Winery Inc. (R,P)

133 DeBaets Street
Winnipeg, Manitoba R2J 3R9
Phone: (204) 661-9007
Fax: (204) 233-4626
ddleobard@mb.sympatico.ca
Contact: Denis D'Eschambault, President

(A)
Fruit Wines
Premium Strawberry Wine
Rhubarb/Strawberry Wine
Black Raspberry/Strawberry Wine
Cranberry/Strawberry Wine
Iced Strawberry Wine
Saskatoon Wine
Fruit on Fruit - Melon Quench
Fruit on Fruit - Splash of Peach

(B)
Wild Blueberry Wine
Wild Blueberry Dessert Wine

Del's Specialty Meats (R,P)

P.O. Box 209
36 1st Street East
Letellier, Manitoba R0G 1C0
Phone: (204) 737-2231
(888) 285-3357
Fax: (204) 737-2080
dels@mb.sympatico.ca
Contact: Bob, Rick and Gloria Gallant

(B)
Pate - Regular, Garlic, Cognac, Pepper
Tourtiere
Sugar Pie
Voyageur Pie
Ci-Pate
Cretons
Homestyle Pizzas

Desserts Plus (R,P)

1595 Main Street
Winnipeg, Manitoba R2V 1Y2
Phone: (204) 339-1957
Fax: (204) 338-4754
reiss@escape.ca
www.reiss@escape.ca
Contact: Barbara or Ed Reiss

(B)
Fancy Pastry
Tortes
Hors d'Oeuvres
Fresh & Frozen Prepared Foods
Party Platters
Kosher Poultry, Beef, and Veal
Kosher Cheese

Diageo Canada Inc. (R,P,N,I)

5A - 1325 Markham Road
Winnipeg, Manitoba R3T 4J6
Phone: (204) 453-7447
Fax: (204) 453-7368
martha.bradbury@diageo.com
Contact: Mr. Ian Bergman, Regional Director
Martha Bradbury, Sales Co-ordinator

(A)

Selection	Size
Canadian Whisky:	
Crown Royal	3000
Crown Royal	1750
Crown Royal	1140
Crown Royal	750
Crown Royal	375
Crown Royal	200
Crown Royal	50
Crown Royal Limited Edition	750
Gibson's Finest	1750
Gibson's Finest	1140
Gibson's Finest	750
Gibson's Finest	375
Gibson's Finest Rare (18)*	750
Gibson's Finest Sterling	1140
Gibson's Finest Sterling	750
V.O.	1750
V.O.	1140
V.O.	750
V.O.	375
Seagrams 83	1750
Seagrams 83	1140
Seagrams 83	750
Seagrams 83	375
Seagrams Five Star	1750
Seagrams Five Star	1140
Seagrams Five Star	750
Seagrams Five Star	375
Seagrams Five Star	200

Dominion Malting Limited (R,,P,N,I)

3001 Dugald Road
Winnipeg, Manitoba R2C 5H4
Phone: (204) 943-0741
(877) 476-6258
Fax: (204) 947-6791
Malt@dominionmalt.mb.ca
www.dominionmalt.mb.ca
Contact: Dale West, President

(A)
Barley
(B)
Barley Malt

Donut House / Cedar Bread Factory (R,P)

500 Selkirk Avenue
Winnipeg, Manitoba R2W 2M7
Phone: (204) 589-8397
Fax: (204) 582-3606
Contact: Russ Meier

(B)
Full line bakery: pastry, donuts, cakes, bread, rolls
Flatbread, Variety of Flavours available
Pita Bread, Whole Wheat / White
No preservatives or fats added
Variety of sizes available

Double D's Cheesecake (R)

468-B St. Anne's Road
Winnipeg, Manitoba R2M 3E1
Phone: (204) 257-6502
Fax: (204) 253-2710
Contact: Darlene Landino

(B)
Family business owned by two sisters, Darlene and Dale.
Homestyle cheesecakes come frozen and pre-cut for convenience
Cakes are chilled, not baked for a light and creamy texture.
Banna Cream
Peanut Butter Dream

Over 25 varieties include
Creamy Classic, Chocolate Amaretto, Double Chocolate Irish Cream Swirl, White Chocolate Peach, White Chocolate Strawberry, Key Lime, Creamy Chocolate, Pistachio, Creamsicle (Mandarin Orange), Blueberry Swirl Hawaiian Delight, Turtle, Chocolate Raspberry, Mocha Swirl, Lemon Burst, Oreo, Diabetic Delite, Diabetic Delite Variety Pack (4 flavours in one cake)
Variety Pack (14 different flavours in one cake)

Seasonal Cakes:
White Chocolate Cherry Brandy (Valentine's)
Creamy Pumpkin (Avail. Sept. to Dec. 31st) ,
Apple Caramel (Avail. Sept. to Dec 31st),
Egg Nog (Avail. early November),
Candy Cane (Avail. Early November),
Cherry Jubilee (Aval. May for Mother's Day),
Butter Pecan (Avail. June for Father's Day)
Pina Colada (July & August)
All of these cakes are 9" round, come frozen and pre-cut into 14 pieces for your convenience.
Retail and Food Service

Du Bois Wild Rice Ltd. (R,P,N,I)

P. O. Box 1762
Winnipeg, Manitoba R3C 2Z9
Phone: (204) 256-3360
(800) 928-2647
Fax: (204) 256-3360
skrzenta@mts.net
Contact: Judy Skrzenta, Managing Director
Lorne Williams, Plant Director

Grower, Processor and Packager of Wild Rice Products
(A)
Wild Rice Bulk 2.5 kg, 10 kg, 50 lb. (22.68 kg)
Retail Pkgs. 200 g
Available in Canada Grade X-Large, Large, Small or Broken Grades
Certified Organic (OPAM) Grower and Processor
Custom mixing and packaging Available

Dunn-Rite Food Products Ltd. (R,P,N,I)fi

199 Hamelin Street
Winnipeg, Manitoba R3T 0P2
Phone: (204) 452-8379
(204) 452-8300
Fax: (204) 475-1495
chknman@dunnritefoodproducts.com
sales@dunnritefoodproducts.com
Contact: Kent Cretton, Sales Manager

(A)
Fresh and frozen cuts: 8, 9 piece, KFC style cuts, 1/4 chicken, 1/2 chicken;
Fresh/frozen chicken tray pack: all chicken segments;
All fresh/frozen bulk chicken, 4.5 kg, 18 kg, 23 kg
Bulk: All chicken segments; whole chicken frozen.
Fresh A fryers bulk and cryovac, Fresh U fryers bulk and cryovac;
A Roasters, bulk and cryovac; U Roasters bulk cryovac; Cornish hens, Frozen fowl; Fresh Bulk
Turkey parts, 10 kg: Breasts, boneless/skinless, Thighs, boneless/skinless, Drum, Wing: Fresh turkey

segments, tray pack;
fresh/frozen whole turkeys;
IQF pre-marinated chicken breast, boneless/skinless,
IQF chicken wings, IQF chicken Breast/Wings
Flavoured glazed flavoured chicken segments;
Distributor of Butterball turkeys and Butterball processed items, Banquet Cooked Chicken, Valley Fresh Diced Chicken,
J. C. Foods processed chicken items, Prairie Produce Turkey Roasts, King Cole Ducks. Brand Names: "The Aristrocrat" "The Finest Label for your Table".

E

Earthly Designs & Ventures (EDB) (P)

Winnipeg, Manitoba
Phone: (204) 855-8266
Fax: (204) 255-6733
bardep@skyweb.ca
Contact: Joanne Barnes

Wholesale Potted Herbs

Eco-Farms Limited (N)

Box 73
Waskada, Manitoba R0M 2E0
Phone: (204) 673-2628
Fax: (204) 673-2628
jbgriffith@hotmail.com
www.ecofarms.ca
Contact: Mr. Justin Griffith, President

Salted and Seasoned
Roasted Sunflower Seeds
Grown Pesticide Free

Eidse Family Farms (R,P,N,I)

P. O. Box 607
Morris, Manitoba R0G 1K0
Phone: (204) 746-8070
Fax: (204) 746-8069
dbeidse@mb.sympatico.ca
Contact: Darrel or Bonnie Eidse

(A)
Fresh smoked farmer sausage
Smoked naturally over oak wood
Soup Mixes
Hale & Hearty Soup Mix
Variety of 6 different Peas & Beans - 12 x 1 kg pkgs & 24 x 500 g pkgs with herb & spice pack. Bulk also available upon request.
Barley & Lentil Soup Mix
Pot barley, green & yellow split peas, lentils, brown rice 12 x 1 kg pkgs & 24 x 500 g pkgs with herb & spice pack. Bulk also available upon request.
Lentils
12 x 1 kg & bulk available
Fabulous Lentils
Lentils, green & yellow split peas - 24 x 500 g with herb & spice pack
Black Bean 'N Rye Soup Mix
Black beans, lentils, green & yellow split peas, rye 24 x 500 g with herb & spice pack
Hot Mexican Chili Mix
Red Mexican chili beans, great white northern beans - 24 x 500 g with herb & spice pack
Stone Ground Whole Wheat Flour, 9 x 2.5 kg
Custom mixing and packaging available

Elman's Food Products* (R,P,N)

647 Jarvis Avenue
Winnipeg, Manitoba R2W 3B3
Phone: (204) 586-8485
Fax: (204) 586-7713
Contact: Manny Finkleman, President
John McIntyre, Sales Manager

(A)
Horseradish White & w/Beet* 12/250 ml, 12/500 ml, 2/4 L.
Hot Mustard & Honey Mustard* 12/250 ml
Deli Dill Pickles whole & halves* 12/1 L., 2/4 L., 20 L.
Deli Dills Whole-Pickle Barrel* 6/2 L.
Deli Dill Pickles Chunks* 20 L.
Baby Dills 12/750 ml
Pickled Eggs* 12/500 ml, 2/4 L.
Bunslappers - Sandwich Slices* 12/500 ml
Sweet Hot Bread & Butter Pickles* 12/750 ml
Sauerkraut* 12/750 ml, 2/4 L., 20 L. Pails
Crushed Garlic* 12/125 ml, 12/250 ml, 2/4 L.
Seafood Sauce* 12/250 ml, 2/4 L.
Tartar Sauce* 12/250 ml
Pickled Garlic Cloves Regular* 12/250 ml
Pickled Garlic Cloves Spicy* 12/250 ml
Garden in a Jar (Sweet Marinated Vegetables)* 12/750 ml
Sweet Relish* 12/1 L., 2/4 L., 20 L pails
Baba's Old Fashion Barrel Cured Pickles* 12/1 L.
Poultry Dressing* 12/454 g
Barbecue Sauce Reg & Hickory* 12/455 ml, 2/4 L.
Teriyaki Sauce* 12/455 ml 2/4 L.
Horseradish Sauce* 12/455 ml
Sweet Pickled Onions*

12/375 ml, 2/4 L
Sweet Pickled Gherkins*
12/375 ml, 2/4 L
Sweet Mixed Pickles*
12/750 ml, 2/4 L, 20 L pails
Banana Pepper Rings
12/750 ml & 2/4 L
Sliced Pickled Beets*
12/750 ml & 2/4 L
Bread & Butter Pickles* 2/4 L
Holland Herring;
Milker Herring 6/1.8 kg
Barrels of Headless Herring
Packed to order
Herring Pickled in Jars
Various varieties & sizes
Manzanilla Olives w/Pimento
2/4 L
Sliced Green Olives (No
Pimento)
2/4 L
Garden in a Jar 2/4 L
Teriyaki Sauce 2/4 L

Emerson Milling Inc. (R,P,N,I)

P. O. Box 424
Emerson, Manitoba R0A 0L0
Phone: (204) 373-2328
Fax: (204) 373-2537
info@emersonmilling.com
www.emersonmilling.com
Contact: Mr. Real Tetrault

Bird Seed
Oat Groats

Empire Spice Mills* (R,P,N)

908 William Avenue
Winnipeg, Manitoba R3E 0Z8
Phone: (204) 786-1594
Fax: (204) 783-2847
Contact: Don Ramage

(B)
Retail/Institutional/Bulk Sizes
Spices*
Bakery Products*
Extracts*

F

Federated Co-operatives Limited (R)

1615 King Edward Street
Winnipeg, Manitoba R3C 2W6
Phone: (204) 633-8950
Fax: (204) 631-4647
www.fcl.ca
Contact: Ken Abbott,
Regional Food Manager
Commodities:
Dry Groceries
Tobacco
Health & Beauty Aids
Integrated Non-Foods

Flanders Cookie Company Inc. (R,P,N,)

Box 40, Group 336,
R. R. # 3
36 Nicholas Street in St. Clements
Winnipeg, Manitoba R3C 2E7
Phone: (204) 663-2301
Fax: (204) 663-2301
marden@shaw.ca
Contact: Dennis Bell
President

(B)
Individually packaged
European Style Cookies.
Available in Dark Chocolate,
Milk Chocolate and White
Chocolate flavours.

Flax Council of Canada

465 - 167 Lombard Avenue
Winnipeg, Manitoba R3B 0T6
Phone: (204) 982-2115
Fax: (204) 942-1841
flax@flaxcouncil.ca
www.flaxcouncil.ca
Contact:
Barry Hall,
President

Fleisher Wholesale Meats Ltd.* (R,P,N)

505 Dawson Road
Winnipeg, Manitoba R2J 0T2
Phone: (204) 237-4001
Fax: (204) 231-2003
Contact: Corry or Mark Berndsen
(A)
Fresh Beef Carcass and Cuts*+
Fresh Boneless Beef Products
Fancy Meats
Block Ready Beef Cuts

Fort Garry Brewing Co. Ltd. (R)

130 Lowson Crescent
Winnipeg, Manitoba R3P 2H8
Phone: (204) 487-3678
Fax: (204) 487-0839
www.fortgarry.com
Contact: Doug Saville
President

Fort Garry Dark Ale
Fort Garry Pale Ale
Fort Garry Frontier Pilsener
Fort Garry Premium Light

Two Rivers larger
Two Rivers light
Two Rivers red
Two Rivers stone cold
Two Rivers cold one

Fresh Hemp Foods Ltd.* (R,P,N,I)

15 - 2611 Notre Dame Avenue
Winnipeg, Manitoba R3H 0K2
Phone: (204) 953-0233
(800) 665-4367
Fax: (204) 956-5984
info@manitobaharvest.com
www.manitobaharvest.com
Contact: Mike Fata,
President
Alex Chwatewsky,
Export Sales Manager

(A)
Cold Pressed Hemp Seed Oil
Hemp Seed Nut (Shelled Hemp Seed)
Hemp Seed Nut Butter
Hemp Seed Flour

Freshwater Fish Marketing Corporation* (R,P,N,I)

1199 Plessis Road
Winnipeg, Manitoba R2C 3L4
Phone: (204) 983-6483
Fax: (204) 983-6497
www.freshwaterfish.com
Contact: Gerald Malone,
Vice-President Marketing
Robert Black
Frozen Sales Coordinator
Dana Isfeld, Fresh Sales Manager
Dean Karr, Marketing Manager

(A)
Freshwater Favourites From the North
(Available fresh or frozen)
Whitefish*
Carp*
Lake Trout*
Mullet* (White)
Sturgeon
Walleye/Pickerel*
Golden Caviar*
Tullibee*
Sauger/Canadian Pike*
Goldeye*
Northern Pike*
Perch*
Products Packs* Whole Fish (dressed, round or headless), IQF fillets and blocks
HACCP Certified
Kosher supervision available.
(B)
Freshwater Favourites from the Northwest Territories
Inconnu*
Whitefish*
Lake Trout*
Pickerel/Walleye*
Northern Pike*
Tullibee*

Front-Tier Ventures (R,P,N,I) fi

P. O. Box 85
St. Claude, Manitoba R0G 1Z0
Phone: (204) 379-2384
Fax: (204) 379-2384
dlbruneau@mb.sympatico.ca
Contact: Helene Bruneau

(A)
Whole Frozen
Wild Turkeys
("A" and "Utility" grade)
Wild Turkey Parts:
Breasts (bulk frozen)
Legs (bulk frozen)
Wings (bulk frozen)
Wild Game Meat

Frosty's Maple Syrup (R,I)

590 Rupertsland Avenue
Winnipeg, Manitoba R2V 0H4
Phone: (204) 586-1365
Fax: (204) 477-5765
kfosty@icenter.net
Contact: Ken Fosty

(A)
"A Taste of Manitoba"
Pure Manitoba Maple Syrup
A variety of quantity / sizes ranging from 100 ml to 1 L containers
Organic Product
Ideal for gifts

G

Garden Grove Distribution (1998) Ltd. (R,P,N)

2049 Duglad Road
Winnipeg, Manitoba R2J 0H3
Phone: (204) 777-6484
(800) 661-7763
Fax: (204) 777-1071
alm@gardengrove.ca
Contact: Mike Gorun
Glen Behl

General Mills Canada (R) fi

1555-B Chevrier Boulevard
Winnipeg, Manitoba R3T 1Y7
Phone: (204) 477-8338
Fax: (204) 477-8347

Contact: Henry VanDerLey (Ext 24)
Retail Contact:
Pillsbury Sales Office
6715 8th Street N. E.
Calgary, Alberta T2E 1H7
Phone: (403) 295-7447
Fax: (403) 295-3130

(A)
Pepperoni and Bacon Pizza Pops
Deluxe Pizza Pops
Hawaiian Pizza Pops
3 Cheese Pizza Pops
3 Meat Pizza Pops
Bacon, Double Cheese Burger Pizza Pops
Canadian Pizza Pops

Giguere Honey Farms (P)

60 Paul Boulevard
Winnipeg, Manitoba R2N 4C7
Phone: (204) 256-1644
Fax:
Contact: Ray Giguere
(204) 253-8452
(204) 253-1565
(204) 794-5338 (Cell)

(A)
Honey

Glenlochar Kitchens (R)

P.O. Box 40
Minnota, Manitoba R0M 1M0
Phone: (204) 567-3770
Fax: (204) 567-3650
armitag1@mts.net
www.glenlochar.ca
Contact: Sandra & Don Armitage

(A)
Soup Mixes - all contain dried product (beans, lentils, wild rice, barley, seasonings, dried veggies)
No MSG used
Stone House Soup Mix
Lentil-Stroni Soup Mix
Dill-Lightfully Different Soup Mix
Beef & Barley Soup Mix
Texas Tortilla Soup Mix
Black Magic Soup Mix

(B)
Casserole Mixes - dried grains, spices and veggies
Lentil & Rice Pilaf
Spanish Beans & Rice

(C)
Grass-Finished Beef processed at Renards' Meats in Virden.
Sold frozen in variety packs, split halves, halves.
Halves available to restaurants and retail.
Hormone and Antibiotic Free.

Global Alternative Treats Ltd. (R,P,N,I)

547 Notre Dame Avenue
Winnipeg, Manitoba R3B 1S2
Phone: (204) 925-4667
Fax: (204) 925-8990
gat@gatltd.mb.ca
www://gatltd.mb.ca
Contact: Hartney Miller
Marketing Manager

Popping
Candy

Goodlife Foods (P)

Box 520
Neepawa, Manitoba R0J 1H0
Phone: (204) 476-3437
Fax: (204) 476-5344
callut@goodlifebrands.com
www.goodlifebrands.com
Contact:

Ice Cream
Novelties

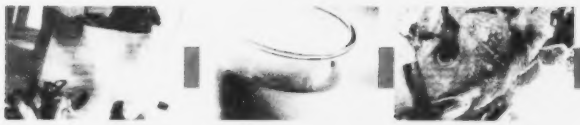
Gourmet Baker Inc (R,P,N,I)

#502-4190 Lougheed Hwy.
Burnaby, British Columbia
V5C 6A8
Phone: (604) 298-2652
(800) 663-1972
Fax: (604) 296-1001
www.gourmetbaker.com
Contact: Greg Gunnan
Plant Manager
Winnipeg Plant
1535 Inkster Boulevard
Winnipeg, Manitoba
R2X 1R2
Phone: 204-697-4128
Fax: 204-694-1667
David MacPhail,
Vice President of Sales & Marketing (B.C.)

Sheet Cakes, Nanaimo Bars, Uniced Cakes

Gourmet Mushroom Company (R,I)

590 Rupertsland Avenue
Winnipeg, Manitoba R2V 0H4
Phone: (204) 586-1365
Fax: (204) 477-5765
ktosty@icenter.net
Contact: Ken Tosty,



Proprietor

(A)
Specialty mushrooms sales -
Shiitake and Oyster mushrooms as well as mushroom growing kits.
Organic

Graham's Groves (R,P,N)

Box 6000
Carman, Manitoba R0G 0J0
Phone: (204) 745-6000
Fax: (204) 745-3177
graham_groves@cici.mb.com
www.grahamsgroves.mb.ca
Contact: Ethel/Alan Graham

(A)
Saskatoon Berries
Fresh in season (July)
Frozen year round in 1 lb, 2 lb, 5 lb, 10 lb, 30 lb plastic heat sealed bags
Saskatoon Cocktail/Beverage
1 L, 2 L, 4 L containers (30% actual Saskatoon juice)
Saskatoon Beverage Concentrate
11 L, 20 L pails
Saskatoon & Black Current Topping/Pastry Fill
1 lb, 2 lb containers, 11 kg, 20 kg pails
Saskatoon Pies
8" pies either frozen unbaked or fresh baked
Wholesale and retail
Syrups
Raspberry
Black Current
Saskatoons
Nanking Cherry

Grand Valley Eggs Ltd. (R,P,N)

340 Park Avenue East
Brandon, Manitoba R7A 7A7
Phone: (204) 727-5740
Fax: (204) 726-0404
gravalle@mts.net
Contact: Glen Lawson, Manager

(A)
Graded Shelled Eggs

Granny's Poultry Co-operative (Manitoba) Ltd. (R,P,N, I)

84 Scurfield Boulevard
Winnipeg, Manitoba R3Y 1G4
Phone: (204) 925-6267
(204) 488-6942
Fax: (204) 453-9152
dkeiver@grannys.mb.ca
www.grannys.ca
Contact: Dale Keiver, Sales Manager
R. Brian Walker, Business Development Marketing Manager

Order Line:
Telephone: (204) 925-6260
Fax: (204) 453-9152

(A)
Chicken Products:
Fresh and frozen whole frying chicken, deli nongs, roasting chicken, retail cut tray pack and bulk pack chicken, 9 pc chicken and portion controlled food service chicken products.

Turkey Products:
Fresh and frozen whole cryovac turkeys, basted whole turkeys, retail cut tray pack and bulk pack turkey parts.

Great Northern Wild Rice (R,P,N, I)

P. O. Box 20
Pine Falls, Manitoba R0E 1M0
Phone: (204) 367-2017
Fax: (204) 367-2157
Contact: Art Gaffray, National Sales Manager
H. Boulanger, Provincial Sales Director

(A)
Canadian Wild Rice
Bulk 50 & 100 lb. Poly-lined bags
20/1 lb. Display case
"Woodsmoke" brand
20/1 lb. Display case
"Great Northern" brand
Custom packaging
Recipe Books

Greentalia Food Products Inc. (R,P,N,I)

P.O. Box 51029
RPO Tyndall
Winnipeg, Manitoba R2X 3C6
Phone: (204) 228-3972
Fax: (204) 633-9797
greentalia foods@shaw.ca
www.greentaliafoods.com
Contact: Retail: Glen Ross
Tel: (204)694-2312
Fax: (204)697-1160

Food Service:
Greg Adams
Tel: (204)667-3434
Fax: (204)667-3937

(A)
Product/Service
Manufacturer and
Distributor of
"Honey Dill Sauce"
for retail and food service.
Retail packages
12 x 500 ml
Food Services Packages
2 x 4L
Custom packaging available.

Growing Prospects Inc. (R,P)

89 Main Street
Winnipeg, Manitoba R3C 1A3
Phone: (204) 957-7755
Fax: (204) 957-7977
growing@mts.net
www.growingprospects.org
Contact: Jody Andrews,
General Manager
Rebecca Boyar

(A)
Fresh Cut Hydroponically
Grown Herbs
(Bulk & Retail Packs)
Sweet Basil
Spicy Globe Basil
Purple Bush Basil
Thai Basil
English Mint
Rosemary
Golden Sage
Savoury
Thyme
Arugula
Stevia
Garlic Chives

Wheatgrass kits and flats

Gunn's Homemade Cakes and Pastry Ltd.* (R,P,N)

247 Selkirk Avenue
Winnipeg, Manitoba R2W 2L5
Phone: (204) 582-2364
Fax: (204) 582-2546
gunns.photoimage@shawcable.com
www.gunn's baker.com
Contact: Arthur Gunn, Co-Owner
Bernie Gunn, Co-Owner

Bagels*
Pumpernickel, Onion, Egg,
Pizza, Poppy Seed,
New York, Philadelphia,
Whole Wheat,
Blueberry, Cinnamon,
Cranberry
Raisin, Spinach & Mozzarella
Cheese & Onion, Multigrain
All Butter Croissants*
Plain, Cinnamon, Poppy
Seed, Cheddar Cheese,
Pizza, Almond,
Raspberry & Cream Cheese,
Chocolate, Almond
Danish Pastries*
Fruit Filled, Cream Cheese
Chocolate, Almond
Old Country Style Bread*
Onion, Pumpernickel, Rye,
Egg Loaf, Harvest Grain,
Sourdough, Sourdough with
Olives, Sourdough with
sun-dried tomato
Assorted Dinner Rolls*
French Baguettes*
Miscellaneous*
Apple Jacks*
Assorted French Pastries*
Carrot Cake*
Assorted Coffee Cake*
Picture Cakes
Wedding, Birthday and Special
Occasion Cakes, made to order*
Tortes*
Knishes*
Blintzes*
Cookies - Large & Small*
Deli Products*
Verenikes
Egg Rolls
Lasagna
Cabbage Rolls
Potato Filled Buns
Cabbage Filled Buns
Pizza

H

H & K Packers Co. Ltd. (R,P,N,I) fi

420 Turenne Street
Winnipeg, Manitoba R2J 3W8
Phone: (204) 233-2354
Fax: (204) 235-1258
hkpack@mts.net
Contact: Albert Kelly, President
Andy Van Patter,
Plant Manager

(A)
Custom cutting of beef & pork products.
All products bulk packaged for further processing.

Hanover Springs Ltd.* (R,P,N,I)

P. O. Box 20159
Steinbach, Manitoba R0A 2T1
Phone: (204) 424-5479

Fax: (204) 424-5012
hsprings@mts.net
Contact: Karen Onverwagt,
General Manager
Plant Location
Marchand, Manitoba

(A)
Prairie Crystal Pure Artesian
Spring Water
Bottle sizes: 355 ml, 500 ml,
50 ml spor closure, 600 ml,
1 l, 1 l sport closure,
1.5 l, 4 l, 10 l, 20 l.
Prairie Crystal Sparkling
Pure Spring water
Bottle sizes: 2 l, 600 ml,
355 ml.
Prairie Crystal Flavoured
Sparkling Pure Spring water
Bottle sizes: 355 ml, 600 ml,
2 l
Natural fruit juice flavours
available:
Raspberry, Cherry, Peach,
Kiwi, Passion
Fruit, Strawberry
Soft Drinks:
Bottle size: 2 l
Flavours available:
Cola, Diet Cola,
Orange, Grape,
Lemon Lime, Ginger Ale,
Cream Soda, Grape Fruit,
Rootbeer.
Private Label Programs for:
Pure Spring Water
Sparkling Spring Water
Natural Fruit Juice
Spring Waters
Soft Drinks

Harvest Bakery & Deli (R,P)

1857A Grant Avenue
Winnipeg, Manitoba R2K 1Z2
Phone: (204) 489-1568
Fax: (204) 489-1381
harvest@mts.net
Contact: Andy Kostynuik,
Commercial Sales Manager

(A)
Dinner Rolls, Rounds, Twists,
Whole Wheat, Mini Kaiser,
Large Buns, Hamburger, Kaiser
Onion, Sesame
Subs & Rolls, Hot Dog 8" and
11"
Subs
Breads, White, Whole Wheat
Rye, Cinnamon Raisin,
French, Garlic, Pita,
Multigrain
Bagels, Poppy, Onion, Sesame,
Plain
Pizza Shells 12", 15"
Muffins, Bran, Blueberry, Apple
Cinnamon, Carrot, Chocolate
Chip
Cookies, Oatmeal and Vanilla
(Large), Chocolate Chip,
Coconut, Peanut Butter,
Oatmeal Raisin
Pastries, Turnovers, Tarts
Danish, Croissants,
Cinnamon Buns
Pies - Bulk/Frozen, Apple,
Blueberry, Cherry, Rhubarb/
Strawberry, Mince, Raisin,
Apple Crisp, Pecan,
Pumpkin, Mini Pies
Other Products, Crumbs,
Coating Mix, Bread Stuffing,
Cheese Stix, Bread Stix

Hemp Oil Canada Inc.* (R,P,N,I)

P. O. Box 188
798 Red River Drive
St. Norbert
St. Agathe, Manitoba R0G 1Y0
Phone: (204) 275-7616
Fax: (204) 261-7270
info@hempoilcan.com
www.hempoilcan.com
Contact: Shaun Crew, President

(A&B)
Bulk wholesale and retail
hemp food products -
hemp seed oil, hemp oil gel
caps, hulled hemp seed,
roasted hemp
seed, toasted hemp seed,
sterilized hemp seed,
seed cake, hemp
seed derivatives,
hemp coffee,
hemp flour
hemp protein powder

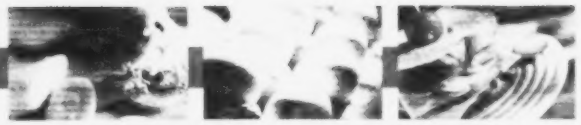
Hendricks Beverage Company Ltd.(The HBC Ltd.)

1301 Dugald Road
Winnipeg, Manitoba R2J 0H3
Phone: (204) 661-5808
Fax: (204) 661-2738
Contact: Arthur Williams, Owner

(B)
Premium filtered Mineral Water,
Pure Distilled
Water, Reverse Osmosis
Water. Sizes of water
available for Sale:
5 gallon, 20 L, 10L, 4L
Commercial Water
Treatment Solutions

Herb Isaac Sales (R,P,N,I)

Box 45
Sinclair, Manitoba R0M 2A0
Phone: (204) 662-4401
Fax: (204) 662-4547
www.herbee.com



Contact: Herb Isaac

(A)
Unprocessed bulk honey (white & darker) by the lb. or by the load
Packaged Natural Creamed Honey
(C) bulk processed honey by the drum, tote or tanker load.
(B)
Unprocessed bulk honey (white & darker)
Packaged Natural Creamed Honey:
Produced in Manitoba and other provinces and packaged in Manitoba
(C) bulk processed honey by the drum, tote or tanker load.

HMS Foods Ltd. (R,P)

1316 - 1318 Clifton Street
Winnipeg, Manitoba R3E 2V2
Phone: (204) 775-0461
(204) 775-0462
Fax: (204) 775-3971
Contact: Richard West, President & General Manager
Alternate number (204) 774-1077

(A)
Dents Pure Pork Sausage, Natural Casings
Dents Pure Beef Sausage, Natural Casings
Dents Yorkshire Pork & Beef Sausage, Natural Casings
Dents Seasoned Burger Patties
Dents H.R.I. Bacon
Dents Cooked Roast Beef
Dents Smoked Meat Brisket
Dents Pastrami
Eye of Round Portion Control Meats e.g. T-bones New York Stripsteak, Top Sirloin and Graded inside and outside Round Roast, and Barons
Full line of Manitoba pork also available
Distributor for:
Readyfoods
J. C. Foods Ltd.

Independent Fish Co. Ltd. (R,P)

941 Sherbrook Street
Winnipeg, Manitoba R3A 1N3
Phone: (204) 774-4547
(877) 774-4547
Fax: (204) 772-2717
indfish@mts.net
Contact: Mike Dennehy

(A)
Smoked Manitoba Fish
Fresh Fish - Pickerel, Salmon Mussels, Ocean Fish
Fresh Fish
Frozen Fish
Frozen desserts
French fries
Cheese
Frozen Products
Dried Goods
Kraft Dressing
Cheese

Indian Head Wild Rice (R,P,N)

P. O. Box 1083
Lac du Bonnet, Manitoba
R0E 1A0
Phone: (204) 345-8002
Fax: (204) 345-8674
arseniuk@granite.mb.ca
Contact: Nick Arseniuk

(A)
Natural Canadian Lake Rice Bulk, 10 kg, 50 lb, 100 lb Retail Pack 200 g, 454 g
Custom packages available on request.

Inovatech Egg Products - A Division of MFI Food Canada Ltd.* (R,P,N,I)

70 Irene Street
Winnipeg, Manitoba R3T 4E1
Phone: (204) 477-1830
Fax: (204) 475-7740
bfriesen@inovatech.com
www.inovatech.ca
Contact: Brad Friesen, General Manager

(A)
Frozen and Liquid Egg Products*
Egg Powder Products*

Integrity Foods

Box 278
Riverton, Manitoba R0C 2R0
Phone: (204) 378-2716
Fax: (204) 378-2887
integrity-foods@mts.net
Contact: Mr. Cornelius Friesen, Owner/Manager
Ms. Dora Friesen, Owner/Manager

Bakery Products
Specializing in spelt and kamut® grains
Whole grains, flour, baked products

Indian Head Wild Rice (R,P,N)

P. O. Box 1083
Lac du Bonnet, Manitoba R0E 1A0
Phone: (204) 345-8002
Fax: (204) 345-8674
arseniuk@granite.mb.ca
Contact: Nick Arseniuk

(A)
Natural Canadian Lake Rice Bulk, 10 kg, 50 lb, 100 lb Retail Pack 200 g, 454 g
Custom packages available on request.

Interlake Forage Seeds Ltd. (R,P,N,I)

Box 190
Fisher Branch, Manitoba R0C 0Z0
Phone: (204) 372-6920
Fax: (204) 372-6635
info@interlakeforageseeds.com
www.interlakeforageseeds.com
Contact: Paul Gregory

(A)
Forage Seed Primary
Contract Multiplication
Native Seed Grower and Processor
Research
Nutraceuticals
Organic Seed Contract Multiplication
Canadian White Honey

Interlake Packers Ltd. (R,P)

Box 10
St. Laurent, Manitoba R0C 2S0
Phone: (204) 646-2172
Fax: (204) 646-2151
Contact: Ed Schon, Manager
Donnly Wiebe, Sales

(A)
Beef
Quarters and Cuts
Pork
Sides and Cuts
Sausages
Frozen Pork, Pork and Beef Sausage, and Pork Breakfast Sausage
Smoked Sausage
Garlic Ring, Kolbassa Ring, Bologna, Bung Balogna Salami, Ham Sausage, Ham/Garlic Salami, Smokies, Headcheese, Fine Liver Sausage, Farmer Sausage
Smoked Meat
Leg Hams, bone in and boneless
Picnic Hams, bone in and boneless
Slab Bacon, Sliced Bacon

Itzke River Farm Ltd. (R,P,N,I)

P. O. Box 77
Marquette, Manitoba R0H 0V0
Phone: (204) 353-2316
Fax: (204) 353-2136
Contact: Johannes Itzke/Astrid Itzke-Meilleur

(A)
Vegetables
Fresh Market

J

J. C. Foods Ltd. (R,P,N)fi

575 Jarvis Avenue
Winnipeg, Manitoba R2W 3B2
Phone: (204) 582-7724
Fax: (204) 589-1959
jcfoods@mts.net
Contact: Joe Lehner

(A,B)
Prairie Chef Chicken Products
Chicken Kiev 24/200 g, 24/170 g, 30/140 g
Chicken Cote de Blue 24/200 g, 24/170 g, 30/140 g
Chicken Forestiere 24/200 g
Chicken Polynesian 24/200 g
Breaded Chicken Breast Strips 4.08 kg
Breaded Chicken Burgers 45/90 g
Breaded Chicken Parts (no wings) 4.54 kg
Breaded Chicken Wing Drumettes 4.54 kg
Prairie Chef Veal Products
Veal Cutlets Cote de Bleu 24/200 g, 30/140 g
Veal Cutlets Cordon Rouge 30/140 g
Veal Cutlets 40/105 g

J. G. Penner Bakery Ltd.

Box 238
Steinbach, Manitoba R0A 2A0
Phone: (204) 326-3430
Fax: (204) 326-4607
Contact: Jim Penner

Individually wrapped pastries
Ice cream products and novelties
Complete line of bread, buns and pastry
Pizzas (fresh and frozen)

Jeanne's Bakery Ltd.
931 Notre Dame Avenue
Winnipeg, Manitoba R3E 0M8
Phone: (204) 783-5443
Fax: (204) 772-6862
Contact: Jerry Penner, owner

(B)
Cakes
Breads
Buns

Johnson Seeds* (R,P)
P.O. Box 3000
Arborg, Manitoba R0C 0A0
Phone: (204) 376-5228
Fax: (204) 376-2201
info@johnsonseeds.com
johnsonseeds.com
Contact: Keith Johnson, President

Yellow and brown mustard,
Yellow and brown peas,
Edible Flax,
Brown & Yellow

K

Keating Seed Farms Inc.
Box 1420
Russell, Manitoba R0J 1W0
Phone: (204) 773-3853
Fax: (204) 773-3856
keating@mts.net
Contact: Mr. Mark Keating,

Kendall's Restaurant & Cater Company P,
259 Inglewood Street
Winnipeg, Manitoba R3J 1W8
Phone: (204) 889-1943
Fax: (204) 831-7048
Contact: Kendall Wowchuk
Owner

Salsa

Keystone Grain Ltd.* (R,P,N,I)
129 Manitoba Road
Winkler, Manitoba R6W 4B3
Phone: (204) 325-9555
Fax: (204) 325-2240
bwiebe@keystonegrain.com
www.keystonegrain.com
Contact: Bruce Wiebe, Marketing Manager

(A)
Sunflower Seeds
In-shell
Kernel
Birdseed
Ingredients:
Buckwheat, flax
beans, white millet,
red millet

Krave's Candy Co. (R,P,N,I)
45 Durand Road
Winnipeg, Manitoba R2J 3T1
Phone: (204) 654-1361
(800) 357-6867
Fax: (204) 654-1376
chrisandlarry@clodhoppers.tv
www.clodhoppers.tv
Contact: Chris Emery, Co-owner
Jason Turner
Operations Manager

(A)
Clodhoppers
Vanilla Fudge Graham Wafer Clusters
Chocolate Fudge Graham Wafer Clusters
Peanut Butter Graham Wafer Clusters
Cookies and Clods
Chocolate Fudge Graham Wafer Clusters
Ultra Chocolate Cookie Bits

K.U.B. Bread (R,P,N)
626 Stella Avenue
Winnipeg, Manitoba R2W 2V6
Phone: (204) 954-9970
Fax: (204) 954-9980
kubbread@mts.net
Contact: Jeff Einfeld, Sales and Marketing Manager
Mr. Kim Einfield, Administration and Quality Control Manager

(B)

Hearth Breads: Rye 16/32,
Red River Multigrain 16,
French 16/32
Crushed Wheat 16,
Onion Rye 16,
Pumpernickel Loaf 16/32
Panned Breads: White or Whole Wheat 20,
White or Whole Wheat Sandwich 20,
Rye Sandwich Loaf 32,
White Sandwich Loaf 32,
Whole Wheat Sandwich

Loaf 32, Harvest Hearth 16, Egg 16, French Baguette, Raisin 16, Bread Crumbs 16
Assorted Rolls: Hamburger/Hot Dog 8/12, Dinner Buns 12, Crusty Rolls 12, 6" Kaiser Rolls Assorted 12, Varieties - White, Pumpernickel, Whole Wheat and Rye
Pastry: Cinnamon Loaf 20 oz., Apple (Baskets) Cinnamon Buns 6, Poppyseed Buns 6, Poppyseed Loaf 6, Large Cinnamon Buns 6's (16 oz), Cinnamon Buns 6's (16 oz)
Muffins: Large 6, Regular 6, Varieties - Bran, Carrot, Blueberry
Beef Meat Pies 2
Chicken Pies 2
Vanilla/Chocolate Cupcakes 6
Butter Tart 6
*We offer a full assortment of seasonal favourites, and can adapt to special order items.

L

La Cocina Foods (R,P,N,I)

P.O. Box 121
Ste. Anne, Manitoba R5H 1R1
Phone: (204) 355-4743
Fax: (204) 355-4088
Contact: Peter Warkentin

(B)
Tortilla Chips plain, salted, extra thin, 12/400 g
Tortilla shells corn 6" round, 48/12/case
Tortilla Chips, Cheese Flavour, 12/400 g
Ranch Flavour, 12/400 g
All La Cocina
Taco Shack Restaurant Style Round 12/400 g

Landscape Manitoba (R,P,N,I)

c/o 808 Muriel Street
Winnipeg, Manitoba R2Y 0Y3
Phone: (204) 889-5981
Fax: (204) 888-0944
landmb@shaw.ca
Contact: Evelyn MacKenzie-Reid, Executive Administrator

Loveday Mushroom Farms Limited (R)

556 Mission Street
Winnipeg, Manitoba R2J 0A2
Phone: (204) 233-4378
Fax: (204) 237-1303
loveday@mts.net
Contact: Cindy Gauthier
Sales Coordinator

(A)
Fresh Mushrooms - White, Crimini, Portabela, Oyster, Shiitake, White Fresh Mushrooms - 5 lb carton, 516 & 1016 cartons
200g, 500g, 12 oz, 16 oz tray packs
(B)
Specialty Fresh Mushrooms - Crimini, Oyster, Portabella, Shiitake

Lucerne - Dairy Plant* (P,R,N)

940 Century Street
Winnipeg, Manitoba R3H 0V7
Phone: (204) 633-9527
Fax: (204) 633-8251
doug.macdougal@safeway.com
Contact: Doug, MacDougal
Plant Manager

Fluid Milk

Lucerne Bread Plant* (P,R,N)

1525 Erin Street
Winnipeg, Manitoba R3E 2T2
Phone: (204) 775-4705
Fax: (204) 775-4705
bob.triethart@safeway.com
Contact: Bob Triethart

Bread
Rolls

Lucerne Foods - A Division of Canada Safeway Ltd. - Cheese Plant (R,P,N)

1000 King Edward Street
Winnipeg, Manitoba R3H 0R2
Phone: (204) 631-4440
Fax: (204) 631-4444
Contact: Tom Lotecki, Plant Manager
Terry Allen, Superintendent

(B)
Cheese Packaging
250 g random weight
Up to 4.5 kg random weight

Lucerne Foods - A Division of Canada Safeway Ltd. - Ice Cream Plant* (R,P,N)

1000 King Edward Street
Winnipeg, Manitoba R3H 0R2
Phone: (204) 631-4440
Fax: (204) 631-4444
Contact: Tom Lotecki, Plant Manager
Jim Davis

(B)*
Ice Cream, Ice Milk Manufacturing*
2 L rectangular paper
4 L round plastic pails
1 L rectangular paper
1l-4 L Plastic

M

M & S Schmulgen Western Canada's Natural Wild Meat Producer (R,P,N,I) fi

P.O. Box 123
Poplar Point, Manitoba R0H 0Z0
Phone: (204) 243-2409
Fax: (204) 243-2024
Contact: Schmulgen Family

(A)
Wild Boar (European) products are completely natural and are grown without any chemicals or artificial additives. They are raised in their natural habitat.

The product has a very low cholesterol level - loin, steaks, front and hind legs, ribs, sausages.

Sika Deer, Fallow Deer, European Red Deer products and Buffalo are grown completely natural, without any chemicals or additives in their natural habitat - lion, steaks, front and hind legs, ribs, sausages. Smoked products also available.

Quality is guaranteed and customer service is our priority, including custom packaging (vacuum sealed, customer logo etc.) and recipes available, prompt service. We export world wide. All products are federally inspected.

Manbacco Inc. (R,P)

348 Saulteaux Crescent
Winnipeg, Manitoba R3T 3T2
Phone: (204) 888-9463
Fax: (204) 885-8200
manbacco@mts.net
www.manbaccowines.com
Contact: Alexander Lysenko, President

Wines

Manitoba Starch Products (R,P,N)

10 Frederick Street
Box 749
Carberry, Manitoba R0K 0H0
Phone: (204) 834-2702
Fax: (204) 834-3938
mbstarch@mts.net
Contact: Earl McLaren, President / CEO ,

Potato Starch

Maple Leaf Consumer Foods (R,P,N,I)fi

P. O. Box 70
Winnipeg, Manitoba R3C 2G5
Phone: (204) 233-2421
Fax: (204) 233-5413
proulxrf@mapleleaf.ca
Contact: Bill McLean, General Manager

(A)
Smoked Meats
Hams: Bone-in and Boneless
Picnics: Bone-In and Boneless
Restaurant Hams
Restaurant Bacon
Back Bacon
Side bacon
Pork Rolls
Pizza Pork Rolls
Sausages
Frozen Beef, Beef and Pork, Pure Pork
Smoked Sausage Products
Wieners: Regular and All Beef
Campfire Garlic Sausage & Kolbassa Coil
Bologna: Visking, Bung
Concession Wieners
Kolbassa
Sliced Luncheon Meats
Smokies: Regular and Cheese
Right Choice Salt & Fat Reduced Breakfast Grill Turkey Bacon
Deli Meats
Country Club Cooked Chicken Roast
Country Club and Maple Leaf Cooked Turkey Roast
Country Club Pizzas
Country Club Sandwiches
Deli Hams: Vintage and Black Forest
Deli Back Bacon
Roast Beef
Pepperoni Sausage
Salami Sausage
Summer Sausage
Smoked Corned Beef
Corned Beef Loaf
Deli Bologna
Old Country Style Headcheese

Maple Leaf Distillers Inc. (R,P,N,I)

251 Salteaux Crescent
Winnipeg, Manitoba R3J 3C7
Phone: (204) 940-7000
Fax: (204) 772-5900
lnowak@mapleleafdistillers.com
www.mapleleafdistillers.com
Contact: Costas Ataliotis, President
Larry Nowak, Vice President, Sales & Marketing

(B)
Platinum Vodka 750 ml
Platinum Vodka 1140 ml
Platinum Vodka 1750 ml
Canadian Cellars Rye 750 ml
Canadian Cellars Rye 1140 ml
Canadian Cellars Rye 1750 ml
Saba Island White Rum 750 ml
Saba Island White Rum 1140 ml
Saba Island White Rum 1750 ml
Hoja Vieja Gold Tequila 750 ml
Hoja Vieja Silver Tequila 750ml
Toro Loco Gold Tequila 750 ml, 1000 ml, 1750 ml
La Zona Gold Tequila 750 ml, 1000 ml, 1750 ml
La Zona Silver Tequila 750 ml, 1000 ml, 1750 ml
Ole Ole Tequila 750 ml handcrafted glass
Ole Ole Especial Tequila handcrafted glass
Vinco London Dry Gin 750 ml
Hoja Vieja Citrus Tequila 750 ml
Toro Loco Citrus Tequila
Toro Loco Margarita Ready to Drink 1750 ml
Toro Loco Silver Tequila 750 ml, 1000 ml, 1750 m
Lemoncelli 750 ml
Orancelli 750 ml
Original Maple Syrup Liqueur 750 ml
N. O. Original Maple Syrup Liqueur 750 ml
Original Maple Cream Liqueur 750 ml
Amaretto Cream Liqueur 750 ml
Banana Liquor 1000 ml
Chocolate Raspberry Cream 750 ml
Chocolate Orange Cream 750 ml
Desert Rose Strawberry Tequila Cream 750 ml
Hoja Vieja Margarite Pre-Mix 1750 ml
Amaretto Liquor 750 ml
Blue Curacao Liquor 750 ml
Original Maple Cream 750 ml
Amaretto Cream 750 ml
Teqrema Peach 750 ml
Teqrema Mango 750 ml
Teqrema Coconut 750 ml
Teqrema Strawberry 750 ml
Cocoa Liquor 750 ml
Coffee Liquor 1000 ml
Melon Liquor 750 ml
Triple Sec Liquor 750 ml
Norm's Sour Power Raspberry 1140 ml
Norm's Sour Power Grape Plus 1140 ml
Norm's Cranberry Moonshine Coolers 4x333 ml
Norm's Lemon Moonshine 4x333 ml
Norm's Wildberry Moonshine 4x333 ml
Norm's Passion Fruit Moonshine 4x333 ml
Norm's Hemp Moonshine 4x333 ml
Margarita Ice 4x333ml

Maple Leaf (Pork) (R,P,N,I)

6355 Richmond Avenue East
Brandon, Manitoba R7A 7A3
Phone: (204) 571-2500
Fax: (204) 571-2570
maxwelgo@mapleleaf.ca
www.mapleleaf.ca
Contact: Gord Maxwell, Vice President

(A)
Pork
Chilled, cryovac, fresh frozen
Moisture Enhanced,
Bone-In, Boneless cuts, Lard,
Sundries Sales, Ethnic Sales
Smoked Meats
Hams: Bone-In and Boneless
Picnics: Bone-In and Boneless
Restaurant Hams
Restaurant Bacon
Canadian Back Bacon
Side Bacon, Sliced and Whole
Sausages
Fresh and Frozen
Frozen Beef, Beef and Pork, Pure Pork, Flavoured and Ethnic
Smoked Sausage Products
Wieners: Regular and All Beef
Campfire Garlic Sausage & Kolbassa Coil
Bologna: Visking, Bung
Concession Wieners
Kolbassa: Dry Cured and Semi-Dry Cured
Sliced Luncheon meats
Smokies: Regular and Cheese
Right Choice Salt and fat Reduced breakfast Grill
Turkey Bacon
Deli Meats
Cooked Chicken Roast
Maple Leaf Cooked Turkey Roast
Deli Hams: Black Forest, Whole Fashion,
Honey Cured: Flavoured Deli Bacon and Canadian Back Bacon
Roast Beef
Pepperoni Sausage
Salami Sausage
Summer Sausage
Smoked Corn Beef
Corned Beef Loaf

Deli Bologna
Old Country Style Headcheese
& Specialty flavoured Roasts
Canned and Luncheon Meats

Maple Leaf Pork (R,P,N,I)

1 Warman Road
Winnipeg, Manitoba R2J 4E5
Phone: (204) 231-4114
Fax: (204) 231-2944
Contact: Bill McLean,
General Manager
Ext. 2801

(A)
Hams
Picnics
Pork Assorted Offals
Pork Back Ribs
Pork Butts
Port Bellies
Pork Cutlets
Pork Boneless Backs
Pork Loins
Pork Shoulders
Pork Sideribs
Pork Tails
Pork Tenderloin

Mariner Neptune Fish & Seafood Company Ltd.* (R,P,N)

472 Dufferin Avenue
Winnipeg, Manitoba R2W 2Y6
Phone: (204) 589-5341
(800) 668-8662
Fax: (204) 582-8135
info@marinerneptune.com
www.marinerneptune.com
Contact: Evan Page
Doug Chandler,
Sales Manager

(A)
Fresh Lakefish*
Winnipeg Smoked Goldeye*
Winnipeg Smoked Whitefish*
Smoked Tullibee*
(B)
Hot Smoked Salmon*
Processed Halibut Steak*
Processed Salmon Steak*
Restaurant
Equipment

McCain Foods (Canada) - A Division of McCain Foods Limited* (R,P,N,I)

P. O. Box 220
Portage la Prairie, Manitoba
R1N 3B5
Phone: (204) 857-9761
Fax: (204) 857-9207
wdmeisne@mccain.ca
www.mccain.ca
Contact: Bill Meisner,
Plant Manager

(A)
Frozen Products
Crinkle Cut French Fries
12/1 kg, 6/1.5 kg, 6/5 lb
Straight Cut French Fries
12/1 kg, 6/1.5 kg, 6/5 lb
Shoestring French fries 12/1 kg,
6/1.5 kg, 6/4.5 lb, 6/6 lb
Superfries 12/1 kg, 6/1.5 kg,
6/5 lb
Diced Hash Browns 12/1 kg,
12/1.5 lb, 12/500 g
Dehydrofrozen Cubes 6/5 lb
Rise N' Fry 6/5 lb, 12/750 g
Batter Fries 6 x 6 lb, 6 x 4.5 lb,
6 x 3 kg
Dry Potato*
Instant Mashed Potatoes* 10 kg
bag, 25 kg bag

McGarva International (R,P,)

19 Nicola Place
Cartier, Manitoba R4K 1B1
Phone: (204) 782-4478
Fax: (204) 864-2707
megarvainternational@hotmail.com
Contact: Sherry Desilets
Vice President

Scottish shortbread

Medallion Milk Company Ltd. (R, P,N)

10-59 Scurfied Boulevard
Winnipeg, Manitoba R3Y 1V2
Phone: (204) 233-7220
(800) 665-0507
Fax: (204) 233-8476
www.medallionmilk.com
Contact: Bill Hilash, President
Greg Smith,
Production Mgr.

Medallion Brand (R) Skim Milk
Powder
Medallion Brand (R) Partly
Skimmed Milk Powder
Medallion Brand (R)
Whole Milk Powder
Flavor-Fresh (R) non-dairy
cream subsitute, soy based
Vance's DariFree (R) milk
substitute, both glutin and
casein-free
Medallion Brand (R) buttermilk
powder

Medo-Land Dairy Products (Division of Parmalat) (R,P,N,I)

26 Elm Avenue North
Grunthal, Manitoba R0A 0R0

Phone: (204) 434-6408
Fax: (204) 434-6790
www.parmalat.ca
Contact: Yvonne Rowe, Manager

(A)
Cheese
Cheddar*
Brick
Colby
Farmers
Feta*
Mozarella*
Specialty Cheeses*
+ Random Cuts - 5, 10 and 40 lb blocks

Mekiwin Corporation (R,P,N,I)

Box 81
Gladstone, Manitoba R0J 0T0
Phone: (204) 385-3374
Fax: (204) 385-3250
mekiwin@mts.net
www.mekiwin.com
Contact: Ivan Milne

(A)
Horseradish, Echinacea, Milk Thistle, St. John's Wort - All Capsules

Midwest Food Products Inc.* (R,P,N,I)

Box 70
(1 1/2 mi. S. of Carberry on Hwy. #5)
Carberry, Manitoba R0K 0H0
Phone: (204) 834-2136
Fax: (204) 834-3400
joe.jacobs@ca.nestle.com
Contact: Joe Jacobs
Director of Operations
Bob Hyra,
Director of Potato Procurement & Development
bob.hyra@ca.nestle.com

(A)
Frozen and Dehydrated Potato Products

Miinan Incorporated

250 Rodney Street
Headingley, Manitoba R4J 1A8
Phone: (204) 888-8839
Fax: (204) 888-8117
wbb@wildblueberriescanada.com
www.wildblueberriescanada.com
Contact: Lena Friesen, President

"Miinan" Ojibway word for "wild berries". Our wild blueberries are hand picked by Aboriginal people in Northern Manitoba. Our goal is to provide traditional recipies to capture the natural flavours of the wild blueberry.
Wild berries (in season)
Wild blueberry jam
Wild blueberry syrup
Wild blueberry light spread - (diabetic use)
Wild blueberry spread - 30% less sugar
Wild blueberry & green tea beverage - 500 ml
Wild blueberry & cranberry juice - 500 ml
Wild blueberry herbal/fruit tea - 30 g container
Wild blueberry fruit leather
Wild blueberry chocolates
Wild blueberry salad dressing
Triple Berry Jam (wild blueberry, wild saskatoon and wild strawberry)

Morden's of Winnipeg Candy Mfg. Ltd.* (R,P)

674 Sargent Avenue
Winnipeg, Manitoba R3E 0A6
Phone: (204) 783-4551
Fax: (204) 783-4217
Contact: Fred Morden

(A)
Boxed Chocolates*
Russian Mints* 400 g, 800 g
All Creams* 400 g
Assorted Chocolates* 400 g
Morden's Buds* 400 g
Jelly Tray* 350 g
Green Layer Mint 198 g
Dark Choc Ginger* 142 g
Pastel Mints* 198 g =
2 Section Special Pack 675 g=
3 Section Special Pack 908 g =
9 Section Special Pack 2000 g =
+ Special Pack Boxes Contain
Roasted Nuts & Chocolates
Bulk
Swiss Slice (White)*
Almond Slice (Dark)*
Choc Ginger*
Peanut Brittle*
Coco Peco*
Mix Nut Brittle*
Assorted chocolates* 400 g
Custom packaging
Custom chocolate logo*
Custom moulding*
Private label
(B)
Nut Roasters (Bulk)*
Mixed Nuts, no peanuts*
Cashews*
Almonds*

Mr. D's Tart-n-Pie (R,P)

1850 Ness Avenue
Winnipeg, Manitoba R3J 0Y5
Phone: (204) 831-9619
Fax:
Contact: Dwight Fakes,
Debbie Fakes,
Owner/Managers

(A)
Fruit Pies
Apple, Raisin, Cherry,
Saskatoon (in season),
Blueberry 4",
Pumpkin 4", 6"
Pecan 2", 4"
Homemade Mincemeat 2"
Meat Pies - 4", 8"
Minced Beef, French Canadian Tourtiere, Beef and Mushroom, Chicken, Chicken and Mushroom, Chicken and Vegetable, Beefsteak, Beefsteak and Mushroom, Beefsteak and Kidney, Shepherd's Pie, Salmon
Quiche Lorraine
Vegetable Quiche
"English" Pork Pie
Econo Beef 4"
Tart Shells (sweet dough) 2"
Pie Shells (pie dough) 2", 8" and 1 lb. pkgs.
Pasties
Scottish Shortbread
(variety/sizes)

N

Naleway Foods Ltd. (R,P,N,I) fi

233 Hutchings Street
Winnipeg, Manitoba R2X 2R4
Phone: (204) 633-6535
(800) 665-7448
Fax: (204) 694-4310
takacs@naleway.com
www.naleway.com
Contact: Ray Takacs,
National Sales Manager
Ext 225

(A)
Frozen Products
Perogies
Potato & Cheddar Cheese
Potato & Cottage Cheese
Potato & Onion
Potato & Bacon
500 g, 1 kg, 2 kg, 5 lb packs
Panzerottis (hand held pizza snacks)
Pepperoni & Cheese 100 g
Deluxe 100 g
400 g, 1.2 kg packs

Nature's Farm* (R,P,N,I)

Box 20666
Steinbach, Manitoba R0A 2T2
Phone: (204) 326-5509
Fax: (204) 326-6626
natures_farm@mb.sympatico.ca
Contact: Hermann Grauer
Sheryl Grauer

(A)
"Vita -Eggs" 6 pack, 12 pack
18 pack for retail*
"Original" "Omega 3"
"Free Run"
"Vita-Eggs" 15 dz or 30 dz
loose for food service*
"Nature's Pasta" 250 g or 500 g
egg varities for retail*
"Nature's Pasta" 400 g whole wheat
or vegetable varities for retail*
"Nature's Pasta" 5 kg
bulk pack for food service*

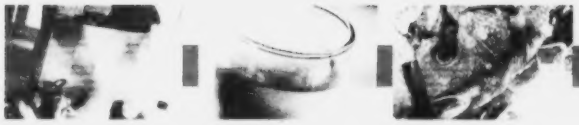
Nestibo Agra Inc.* (R,P,N,I)

Box 592
Deloraine, Manitoba R0M 0M0
Phone: (204) 747-2904
Fax: (204) 747-3767
nai@inetlinkwireless.ca
Contact: Randy Fisher,
Manager

(A)
Buyers, sellers and processors of confectionery sunflowers, confectionery kernel, jumbos, large, medium, birdfood, chips and shells, coarse, medium and fine birdfood chips

Nestle Canada Inc.* (R,P,I)

1665 Inkster Boulevard
Winnipeg, Manitoba R2X 2W7
Phone: (204) 632-8025
Fax: (204) 633-1636
Contact: Bill Henry,
Area Sales Manager
Glen Harron,
Carberry



(204) 834-2136

(A)
Frozen Potatoes
Crinkle Cut French Fries - 12/1 kg
Straight Cut French Fries - 12/1 kg
Shoestring French Fries 12/1 kg
Hash Browns 12/1.5 kg, 12/1 kg
Tater Gems 12/750 g
Dry Potato
Mashed Potato 12/175 g, 12/350 g, 12/500 g

Neva Hydroponic Farms (R,P)

P.O. Box 107
Whitemouth, Manitoba R0G 2G0
Phone: (204) 348-2756
Fax: (204) 348-2750
DARRENB@MTS/.NET
Contact: Darren Barkman, Owner

hydroponic
lettuce
herbs

Northern Forest Diversification Centre (P)

P.O. Box 509
340 - 3rd Street E
The Pas, Manitoba R9A 1K6
Phone: (204) 757-4136
Fax: (204) 627-8686
info@nfdc.ca
www.nfdc.ca
Contact: Sandra Ross, Marketing Manager

Wild harvested botatical products, Fresh products,

Northern Goose Processors Ltd. (R,P,N,I)fi

P. O. Box 510
Teulon, Manitoba R0C 3B0
Phone: (204) 886-2552
(888) 753-7846
Fax: (204) 886-2910
info@northerngoose.com
www.northerngoose.com
Contact: Don R. Salkeld, President
Delores Darowany, Sales Supervisor

(A)
Young Geese
Grade A, Utility.
Vacuum packed in bags, 4 per case
Range of weight 3-4, 4-5, 5-6, 6 + up kg; 6-8, 8-10, 10-12, 12 + up lb.
Goose Parts
Whole leg (2 per vacuum bag), bulk pack also available
Bone in Breast (1 per vacuum bag), bulk pack available
Boneless Breast (1 per vacuum bag), bulk pack available
Goose Liver
Goose Heart
Goose Gizzard
Goose Feet
Goose Intestines
Goose 2-Joint Wings
Goose Heads
Processed Meat
Smoked Boneless Goose Breast
Feathers
Pure White Embden Goose Feathers and Down, washed
Bedding
Duvets
Pillows

Northern Manitoba's Wild Rice Inc. (R,P,N,I)

Box 8
Pine River, Manitoba R0L 1M0
Phone: (204) 263-2197
Fax: (204) 263-5519
idream@mts.net
Contact: Lydia M. Boychuk, President

(A)
Wild Rice, bulk - 250 g, 454 g
Wild Rice Pancake Mix - 250 g, 454 g
Wild Rice Noodles
Gift Packages
Cookbooks

Notre Dame Creamery Ltd.* (R,P,N,I)

P. O. Box 158
Notre Dame de Lourdes, Manitoba R0G 1M0
Phone: (204) 248-2212
Fax: (204) 248-2532
ndcream@mts.net
Contact: Guy Roch, Owner

(A)
Butter
25 kg blocks (salted and sweet)
1 lb prints (salted and sweet)

NP Foods Ltd. (R,P,N)

44 Higgins Avenue
Winnipeg, Manitoba R3B 0A5
Phone: (204) 982-4700
Fax: (204) 943-8624
npfoods@mts.net
Contact: Ernie McIvor
Peter Yourchenko

(A,B)
Specialty Breads
Pastry
Sweet Goods
Specialty Fine Foods

O

Oak Island Acres Goat Dairy (R,P,N,I)

P. O. Box 519
Ile des Chenes, Manitoba R0A 0T0
Phone: (204) 878-2498
Fax: (204) 878-2498
bsimcock@skyweb.ca
www.goatmilkcanada.com
Contact: Richard & Beverley Simcock

(A)
Distributed by Oak Island Acres Goat Dairy
Whole Goat Milk 1 L carton,
Goat Cheese Semi-Soft, Ripened
Distributed by New Bothwell Cheese Plant
Feta 100% Goat Milk
Feta, semi-soft
Feta, chedar

Old Dutch Foods Limited* (R,P,N)

100 Bentall Street
Winnipeg, Manitoba R2X 2Y5
Phone: (204) 632-0249
Fax: (204) 697-2181
Contact: Greg Dick, Sales Manager
Manitoba, Ontario, Saskatchewan

(A)
Single Serve Potato Chips
Regular, Bar-B-Q, Salt'n Vinegar, Sour Cream N' Onion, Ketchup, Dill Pickle, Cheddar & Sour Cream, All Dressed
Southwestern Spice
36/43 g
Rave and Arriba 99ers
Rave Outback Smokey BBQ, Rave Xtra Salt & Vinegar
Arriba Nacho Cheese, Arriba Zesty Taco 24/85 g
70 g 99ers
Regular, Bar-B-Q, Salt'N Vinegar, Sour Cream N' Onion, Ketchup, Dill Pickle, Cheddar & Sour Cream, All Dressed
24/70 g
Large Potato Chips - Boxes
Regular, Rip-L-Chips, Bar-B-Q, Salt N'Vinegar, Sour Cream N'Onion, Ketchup
12/210 g
X-Large Potato Chips – Bags
Regular, Rip-L-Chips, Bar-B-Q, Salt N'Vinegar, Sour Cream N'Onion Ketchup, Dill Pickle, Cheddar & Sour Cream All Dressed
Roasted garlic & cheddar
XX-Large Potato Chips – Bags
Regular, Rip-L-Chips, Bar-B-Q, Salt'N Vinegar, 8/400 g

Organic Producers Association of Manitoba (OPAM) (R,P,N,I)

Box 940
247 Wellington St. W.
Virden, Manitoba R0M 2C0
Phone: (204) 748-1315
Fax: (204) 748-6881
info@opam.mb.ca
www.opam.mb.ca
Contact: Lara Scott, General Manager

Ostrich Products (R,P,N)fi

Box 158
Sanford, Manitoba R0G 2J0
Phone: (204) 736-2941
Fax: (204) 736-4659
Contact: Theresa Ley
Alexandra & Dan Durand
(204) 736-2941

(A)
Frozen Whole Muscle Cuts
individually packed, 5 kg cases
Processed Products
Ground, Seasoned Patties
(B)
Raw Products:
Geenhides, Fresh and empty Ostrich eggs
(C)
Free Range Chickens
Whole or Cut, Fresh or Frozen for Goumet Market
(D)
Bison Products
Roasts, Steaks, Ground & Other Cuts
*Only animals raised on location are for sale.

Overby Bison (R) fi

Box 64
Inwood, Manitoba R0C 1P0
Phone: (204) 278-3302
Fax: (204) 278-3737
overbybison@mts.net
Contact: Ken or Iris Overby

All cuts of bison meat (Buffalo Nickel) brand name.

P

Parent Seed Farms Limited (R,P,N,I)

12 Martin Street
St. Joseph, Manitoba R0G 2C0
Phone: (204) 737-2625
Fax: (204) 737-2248
parent@mts.net
www.parentseed.com
Contact: Bruno Sabourin - Trader
204-737-3001
Clement Hacault,
International Representation
204-737-3008

(A)
Bulk/Bagged -
beans/lentils/peas, etc.
20 to 50 kg or in 1000 & 2000 kg tote bags

1. Beans
   Black Turtle, White Pea (Navy Beans),
   Pinto, Cranberry, Great Northern,
   Dark Red Kidney, Dutch Brown, Pink, Small Red,
   Light Red Kidney,
   Faba
2. Chickpeas
   Kabuli
   Peas
   Yellow - Exgra Large, Large, Small
   Green, Marrowfat, Maple, Australian Winter,
   Split Yellow and Green Peas
3. Lentils
   Laird, Eston, Richlea,
   Red, French Green
4. Birdfood ingredients such as:
   Canola, Flaxseed, (also for human
   comsumption)
   Whole oat groats, Sunflower (oil, confection-also for human
   consumption)
   Canaryseed,

Parent Seed Farms Ltd. services are available in English, French and Spanish.

Parmalat Dairy & Bakery Inc. (Fluid Operations)* (R,P)

738 St. Joseph Street
Winnipeg, Manitoba R2H 3A3
Phone: (204) 233-1441
Fax: (204) 231-0709
Contact: Eric Santos,
Plant Operations Manager

Parmalat Food Inc.*

P. O. Box 238
St. Claude, Manitoba R0G 1Z0
Phone: (204) 379-2571
Fax: (204) 379-2110
Contact: Arthur Rey, Manager

(A)
Butter*
Salted and Unsalted Canada* #1
25 kg, 250 g,
454 g ,
whipped cups (4.2 g)
regular cups (7 g)
Skim Milk Powder* 25 kg bags

Parrheim Foods (Division of Parrish & Heimbecker Limited)* (R,P,N,I)

880 Phillips Street
P. O. Box 380
Portage la Prairie, Manitoba
R1N 3B7
Phone: (204) 239-5995
(877) 564-3625
Fax: (204) 239-6007
sales@parrheim.com
www.parrheim.com
Contact: Ferdi M. van Dongen,
General Manager
ferdi@parrheim.com
Ms. Samara Ranadheera,
Technical Sales Manager

(A)
Manufacturer of pea protein isolate,
native and modified pea starches,
functional and dietary vegetable fibres*, fat replacers

Pasak Farm Limited (R,P,N,I) fi

Box 11, Group 245
R. R. # 2
Winnipeg, Manitoba R3C 2E6
Phone: (204) 632-6844
Fax: (204) 632-6844
Contact: Chaloem Pasak,
President

(A)
Specialty Game Meats
All Wild Boar Products

Patti Cakes Inc. (R, P)

Box 12

Belleview, Manitoba R0M 0A0
Phone: (204) 854-2241
Fax: (204) 854-2241
patticakesinc@mts.net
Contact: Patti Marcq, President

Fruit cake,
Light, no sugar
Dark,
Plum Pudding
Carmel Rum Sauce

Peak of the Market (R,P,N,I)

1200 King Edward Street
Winnipeg, Manitoba R3H 0R5
Phone: (204) 632-7325
Fax: (204) 774-7325
peak@peakmarket.com
www.peakmarket.com
Contact: Larry McIntosh,
President and CEO
Ext. 223
larry@peakmarket.com
Ken Krochenski
V.P. Operations
Ext. 222
Dave Whitmore,
V. P. Sales
Ext. 244
Ron Hemmersbach,
V. P. Finance
Ext 225

(A)
Potatoes, carrots, onions and various summer vegetable crops

Pembina Valley Meats (R,P)

P. O. Box 374
Plum Coulee, Manitoba R0G 1R0
Phone: (204) 829-3801
Fax:
Contact: Llewellyn Peters, Owner

(A)
Smoked Farmer Syle Sausages
Regular twin pack
Family pack
Mennonite Smokies
Slices
Garlic farmers sausage
Sausages
Coarse ham garlic
Beef ring sausage
Bologna
Pepperoni
Honey breakfast sausage
and patties
Fresh sausages and patties
Other Products
Old Fashioned Country Cured Hams
Back Bacon
Poultry
Pork Cuts
Beef Cuts
Smoked Chicken
Smoked Turkey
Hamburger Patties
Services
Custom Cutting, Wrapping
Curing and Smoking
Sausage Making
Wild Game Processing
Vacuum Packaging
Individual and Bulk Sales
Private Level

Pennicker's Food Distributors* (R)

5 Charles Street
Winnipeg, Manitoba R3T 3Z9
Phone: (204) 586-4711
Fax: (204) 586-9696
gord@pennickers.com
Contact: Gord Graham

(A)
CanAmera shortenings,
lard, canola oil, margarines
Prairie Flour Mills strong bakers
flour*, all purpose, pizza & perogey flour, whole wheat
Shell Eggs:
Extra Large, Large, Medium, etc.
Processed Eggs*:
Liquid whole egg, frozen whole egg,
scramble egg blend, hard cooked eggs, Albumen (egg white)
Full line of spices and extracts
MDM Mills' Golden Link Flour*
Can-Oats products*
Dry groceries, frozen foods,
meat, poultry, cheese,
frozen vegetables, portion jams, coffee,
paper goods

Pepsi Bottling Group, Winnipeg* (R,P,N)

1850 Ellice Avenue
Winnipeg, Manitoba R3H 0B8
Phone: (204) 784-0600
Fax: (204) 783-2173
Contact: Dean Bury,
Quality Manager
Nancy Halas,
Sales & Marketing Co-ordinator

(A)
Pepsi-Cola, cans, 591ml, 1 L, 2 L, premix, BIB, 6x710 ml
Diet Pepsi, cans,, 1 L, 2 L, premix, BIB
Caffeine-Free Diet Pepsi, cans, 2 L
Mountain Dew, cans, 591 ml, premix, postmix, BIB, 2 L 6x710 ml
Mountain Dew Code Red 591 ml, 2 L, BIB cans
7-Up cans, 591 ml, 1 L, 2 L, premix, BIB, 6x710 ml
Diet 7-Up, cans, 591 ml, 1 L,

2 L,
7-Up Tropical Splash
355 ml, 591 ml, 2 L, BIB
Dr. Pepper, cans, 591 ml, BIB,
premix, 2 L
Diet Dr. Pepper, cans, 2 L
Orange Crush, cans, 591 ml, 2 L,
premix, BIB, 6x710 ml
Mug Root Beer, cans, 591 ml,
1 L, 2 L, premix, BIB
Cream Soda (Crush), cans,
591 ml,
2 L, premix, postmix, BIB
Grape Crush, cans, 591ml, 2 L
BIB
Lime Crush, 591 ml, BIB
Brisk Lemonade (Lipton)
cans 591 ml, 6x710 ml
2 L, BIB, 1 L
Schweppes Ginger Ale, cans,
591 ml, 1 L, 2 L, premix,
6x710 ml
Schweppes Diet Ginger Ale,
cans,
Schweppes Raspberry Ginger Ale,
2 L
Schweppes Tonic Water,
cans, 1 L, premix, postmix,
2 L
Schweppes Club Soda
cans, 1 L, premix, 2 L
Brisk Iced Tea,
cans ,591 ml, 1 L, 2 L
6x719 ml
Pineapple, premix
Licorice, BIB
Cherry Crush, postmix
Bubblegum, postmix,
Hawaiian Punch
cans 591ml,
1 L, 2 L, BIB
Pepsi Blue 591 ml,
Vanilla Pepsi, cans
591 ml, 2 L
Pepsi Twist, cans 591 ml
2 L, 6x710 ml
Diet Pepsi Twist
2L, cans 591 ml
Cotton Candy BIS
Peach BIS
Cactus Cooler BIS
SOBE - 591 ml
Sunrype, cans
473 ml, 300 ml
Lipton Tea 473 ml
Frappuccino 473 ml
Aquafina 591 ml,
1 L, 1.5 L, 6X710 ml
Dole Juice 473 Ml
Gatorade 591 ml,
710 ml

Piney-Fine Natural Spring Water Inc. (R,P)

Box 30
Piney, Manitoba R0A 1K0
Phone: (204) 423-2237
Fax: (204) 423-2237
Contact: Alfred Coates

Bottled Water
(Natural Spring Water)
18.9 L, 10 L, 4 L, 1 L, 500 ml

Pitura Seed Service*

Box 2
Domain, Manitoba R0G 0M0
Phone: (204) 736-2849
Fax: (204) 736-2838
Contact: Cal Pitura

Human Grade Flax
Soya Beans

Pizzey's Milling and Baking Company* (R,P,N,I)

Box 132
Angusville, Manitoba R0J 0A0
Phone: (204) 773-2575
(800) 804-6433
Fax: (204) 773-2317
sales@pizzeys.com
www.pizzeys.com
Contact: Linda Pizzey,
President
Glenn Pizzey,
Vice President

Specialists in whole flax and
ground flax products
(A)
Whole flaxseed 25 g
Retail Packs (900 g)
- Pancake Mix
- Muffin Mix
- Milled Flaxseed
Whole & Milled Flaxseed
20 kg, 50 lb.

Plains Processor Ltd. (R,P,N,I) fi

P. O. Box 1259
Carman, Manitoba R0G 0J0
Phone: (204) 745-3068
Fax: (204) 745-6105
Contact: Brian Lenton, Manager

(A)
Processors of fresh and frozen
Pork Meat
Bison Meat
Beef

Polar Foods Inc. (R,P,N,I)

P. O. Box 293
Fisher Branch, Manitoba R0C
0Z0
Phone: (204) 372-6132
Fax: (204) 372-6132
polar@hotmail.com
Contact: Nathan Golas

(A)
Natural Grains

Sunflower Kernels
(B)
Hulled Buckwheat
Hulled Millet

Popcorn Pizzazz (R, P, N,I)

294 Tufnell Drive
Winnipeg, Manitoba R2N 1K1
Phone: (204) 233-7375
Fax: (204) 256-5587
raeside@mts.net
www.putusonyourpopcorn.com
Contact: Darren/Renee Raeside, Owners

Popcorn Seasonings
Fundraising
Wholesale

Prairie Abattoir Ltd. (R,P)

Box 105
Angle Road South
Portage la Prairie, Manitoba
R1N 3B2
Phone: (204) 857-7120
Fax: (204) 857-7100
prairieabattoir@mts.net
Contact: Lee Perreault, President
Murray Simpson, Manager

Fresh meats (mainly pork), locally grown.

Prairie Flax* (R,P,N)

P.O. Box 789
McGregor, Manitoba R0H 0R0
Phone: (204) 252-2940
Fax:
flaxproducts.com
flaxproducts.com
Contact: Frank Letkemen

Whole Milled Flax
small 450 g to
commercial uses

Prairie Flour Mills Ltd.* (R,P,N,I)

Box 301
Elie, Manitoba R0H 0H0
Phone: (204) 353-2895
Fax: (204) 353-2943
gm@prairieflour.com
Contact: Brigitte Leitgeb

(A)
Wheat Bran*
Strong Bakers Flour
Whole Wheat Flour
Organic White Flour
Organic Whole Wheat Flour

Prairie Fruit Growers Association (R,P,N)

Box 2430
Altona, Manitoba R0G 0B0
Phone: (204) 324-5058
Fax: (204) 324-5058
pfga@mb.sympatico.ca
www.pfga.com
Contact: Waldo Thiessen

Prairie Lane Saskatoons Inc. (R,P,N,I)

P. O. Box 7
Group 25, R. R. # 1
Petersfield, Manitoba R0C 2L0
Phone: (204) 738-2476
Fax: (204) 738-2476
psask@mb.sympatico.ca
Contact: John Ritz,
President
Kim Ritz,
Vice President

Grower, Processor and Packager of Saskatoon Berry Products
(A)
Saskatoon Fruit Topping
Available in 270 ml and 4 L sizes,
a (non) GMO product
Saskatoon Syrup 250 ml, 4 L

Prairie Produce (1996) Inc. (R,P,N)

694 Logan Avenue
Winnipeg, Manitoba R3E 1M4
Phone: (204) 774-2551
Fax: (204) 775-4734
turkey2@mts.net
Contact: John Fedorkiw,
President
Jack Buchalter,
General Manager

(A)
Cooked Turkey Rolls -
Boneless, approx. 10 lb. white meat only or dark and white meat
Cooked Turkey Breast
approx. 4.5 lb. per unit
Cooked Turkey Breast & Thigh, 4.5 lbs/unit
Boneless Turkey Roll for

Roasting, white meat, dark and white meat, or dark meat, 2 lb., 8 1/2 lb.
Turkey Drumsticks 10 lb, 30 lb.
Turkey Winglets 10 lb, 30 lb.
Whole Turkeys
Turkey Breast Roast 8 1/2 lb.
Turkey Breat & Thigh Roast 8 1/2 lb. "Salt Free" available
2 lb. Boneless Turkey Roast - breast meat (gourmet)
Turkey Pastrami
Turkey Ham
Diced Turkey
Diced Chicken
Raw Boneless/Skinless Turkey Breast/Thigh/Meat
Ground Turkey
Private Label Products

Prairieland Grain Co. Ltd. (R,P,N,I)

Box 537
N. E. 7-7-22 W
Hartney, Manitoba R0M 0X0
Phone: (204) 483-3636
(204) 858-2743
Fax: (204) 483-3499
pge@inetlink.wireless.ca
www.prairielandgrain.com
Contact: Vanessa Ross
Business Manager

(B)
Contractor and processor of green marrow fat peas, yellow peas, green peas, canary seed, lentils, beans, sunflower seeds

Pratts Wholesale Ltd.

101 Hutchings Street
Winnipeg, Manitoba R2X 2V4
Phone: (204) 338-0444
Fax: (204) 339-9695
ekwowryk@mb.sympatico.ca
Contact: E. Katie Wowryk, Contract Administrator

Commodities:
Major wholesale supplier of:
Tobacco
Confectionery
Grocery
Health and Beauty Aids
Janitorial
Paper Products
Meat
Produce
Food service
We carry all major name brands, as well as our own private label products

Preferred Meats Inc. (R,P,N)

505 Dawson Road
Winnipeg, Manitoba R2J 0T2
Phone: (204) 233-2344
Fax: (204) 235-1685
Contact: Don Phillips
Bill Houston

(A)
All Fresh Beef Carcasses & Cuts
All Fresh Boneless Beef Products
All Block Ready Beef Cuts
All Fresh Pork Cuts
Distributors of all Cargill Beef Products, Maple Leaf Fresh Port, Granny's Poultry, Winkler Meat Products, Canada West Veal & Lamb

Premier Packaging Services Inc. (R,N,I)

Unit C-1429
Mountain Avenue
Winnipeg, Manitoba R2X 2Y9
Phone: (204) 694-8558
Fax: (204) 694-8621
prempack@ilos.net
Contact: Grant Nazarko, President
Joe MacKenzie, Vice President

Independent Contract Packaging
Cartoning
Form-fill/Bag filling
Label/Re-label
Re-pack/Re-work
Shrink Wrap
Multi-product assembly/ Sub-assembly
Logistics Consulting
Machinery Selection
Asset Recovery

Progress Candy (1997) Ltd.* (R,P,N)

207 - 209 Jarvis Avenue
Winnipeg, Manitoba R2W 2Z9
Phone: (204) 586-8027
Fax: (204) 586-8028
Contact: Ralph Shaff, President
Belva Shaff, Secretary

(A)
Candies produced to 5-seasons
Bulk - Assorted fruit suckers*
312 pcs, 288 pcs, 5 kg, 6 kg
4 x 3 kg
Cello-Acid Drops*
Cello-Aniseed Drops*
Cello-Assorted Licorice*
Cello-Barley Sugar*
Cello-Bitter Lemon*
Cello-Blackcurrant*
Licorice
Cello-Brown Mints*
Cello-Bulls Eyes*
Cello-Buttered Flavor Chocolates*
Cello-Butterscotch*
Cello-Butter Toffee Mints*
Cello-Cherry Menthol*
Cello-Chocolate Flavour Limes*
Cello-Chocolate Flavour Fruits*
Cello-Citric Fruits*
Cello-Clear Mints*
Cello-Fruit Sherbets*
Cello-Golden Mints*
Cello-Long Sweets*
Cello-Lung Tablets*
Cello-Menthol Eucalyptus*
Cello-Old Fashioned Humbugs*
Cello-Pear Drops*
Cello-Peppermint Humbugs*

Cello-Pineapple Creams*
Cello-Silver Mints*
Cello-Spearmint Drops*
Cello-Strawberry Crunch*
Cello-Swiss Mints*
Foil-Coffee Snacks*
Cello-Honey Sesame*
Cello-Mint Balls*
Cello-Licorice Bon Bons*
Cello-Assorted Mint Balls*
Wrapped Licorice Toffee*
Cello-Peppermint Bon Bons*
Cello-Lime & Licorice Mints*
Cello-Licorice Mints*
Cello-Assorted Mints*
Cello-Sherbet Lemons*
Cello-Treacle Butters*
Cello-Horehound Longs*
Cello-Butter Flavour Mints*
Cello-Striped Mints*
Cello-Assorted Striped Mints*
Cello-Aniseed Balls*
4 x 2 kg
Wrapped Coconut Toffee*
5 kg
Turkish Delight - pink & green*
Turkish Delight - pink*
Turkish Delight - green*
Turkish Delight-pink, green, yellow & orange*
Turkish Delight - orange & lemon*
Turkish Delight - 4 colours*
Satin Chocolate Flavour Chicken Bones*
Bagged
12/100 Variety Suckers*
12/20 All Day Suckers*
6/36 Barrel Pops*, Rainbow Pops*, Carmel Pops*
12/450 g
Cello-Cherry Menthol*
Cello-Citric Fruits*
Cello-Long Sweets*
Cello-Menthol Eucalyptus*
Cello-Old Fashioned Humbugs*
Cello-Pineapple Creams*
Cello-Lime & Licorice*
Cello-Assorted Mints*
Cello-Sherbet Lemons*
Cello-Acid Drops*

Xmas List
French Creams
Bulk
5 kg Xmas Ribbon
7 kg Snowballs*
8 kg Chicken Bones*
8 kg Butterscotch*
9 kg
Assorted Caramels*
Finger Caramels*
Lady Caramels*
Nutmallows*
Orange, Lemon & Cherry Slices*
Pomodka*
Favourite Assorted (Layer Pack)*

Royalty Assorted
11 kg
Asst. Choc. Flav. Cr., Car., Cr.*
Asst. Choc. Flav. Drops*
Asst. Fruit Drops*
Asst. Mints*
Buttercups*
Cell-Cut Rock*
Cello-Long Sweets*
Cello-Mixed Fruits*
Coco. Car. (Maribone w/Cnt.) *
Golden Crumbles*
Gooseberries*
Jelly Squares*
Lemon Drops*
Maribone Caramels*
Noel Assortment
Peanut Crisps*
Raspberry Drops*
Russian Caramels*
Striped Mints*
French Creams*
Unwrapped Red Lobsters*
Wrapped Red Lobsters*
Xmas Mix
Xmas Mix with Ribbon
Bagged
12/900 g Xmas Mix
24/450 g Xmas Mix
Xmas Logs Chocolate Flavoured Filled 5 kg
Gold Tassel 12/450 g
Assorted Caramels*
Choc. Flav. Cr., Car., & Crisps*
Asst. Choc. Flav. Drops*
Asst. Fruit Drops*

Asst. Mints*
Buttercups*
Cello-Cut Rock*
Cello-Long Sweets*
Cello-Mixed Fruits*
Chicken Bones*
Coconut Car.*
(Maribone/Coconut)
Derby Toffee, Asst. Flav.*
Finger Caramels*
Golden Crumbles*
Gooseberries*
Lady Caramels*
Lemon Drops*
Maribone Caramels*
Noel Assortment
Nutmallows*
Peanut Crisps*
Pomodka*
Raspberry Drops*
Russian Caramels*
Snowballs*
Striped Mints*
Unwrapped Red Lobsters*
Wrapped Red Lobsters*
Xmas Mix with Ribbon
Xmas Mix
Tray Pack*
12/450 g Home Selection Jelly Squares*
12/400 g Favorite Asst. Orange, Cherry & Lemon Slices*
48/28 g Stocking and Trees
Halloween List
Bulk*
Assorted Fruit Suckers 288/3 c* (196/kg), 288/5 c (132/kg), 5 kg* (196/kg), 6 kg (132 kg)*
Bagged* 12/20 all Day Suckers*
12/60 Variety Suckers*
12/80 Mixed Tricks*
12/94 Kisses*
12/100 Variety Suckers, Bonus pack*
6/36 Barrel Pops*, Bonus pack
6/36 Barrel Pops*, Rainbow Pops*, Caramel Pops*
48 M. M. Moons
48 Pumpkins
Valentine/Easter Lists Available

Q

Quack Farm (R,P)

704 Lockport Road
Lockport, Manitoba R1A 3H9
Phone: (204) 482-5342
Fax:
tbald@mb.sympatico.ca
Contact: Frank Baldwin
Alison Baldwin

(A)
Duck Eggs (fresh)

R

R. W. Packaging Ltd. R,P,N,I)

200 Omand's Creek Blvd.
Winnipeg, Manitoba R2R 1V7
Phone: (204) 786-6873
(800) 284-6338
Fax: (204) 786-1927
solvason@rwpackaging.com
www.rwpackaging.com
Contact: H. DeRuiter,
President
D. Solvason/J. Sherman,
Divisional Sales Managers

(B)
Epsom Salts
Distilled Water

Red River Bison (R)

332 River Road
St. Andrews, Manitoba R1A 2X2
Phone: (204) 338-0153
Fax: (204) 338-9887
Contact: Margery Yushishen

(A)
Buffalo

Red River Packaging Products Ltd. (R,P,N,I)

1750 Inkster Boulevard
Winnipeg, Manitoba R2X 1R4
Phone: (204) 633-5770
Fax: (204) 632-7246
Contact: G. Bunt,
Vice President/Gen. Mgr.
R. Tooth,
Sales Representative
(A)
SOS Natural & White Grocery Bags
Checkstand Bags
SOS Hardware Bags
Chinese Take Out Bags
Craft Sacks
Produce Bags
Shopping Bags
Natural Kraft Wrapping Paper Counter Rolls
Natural Kraft Wrapping Paper Sheet
(B)
SOS Natural & White Grocery Bags
Notion & Millinery Merchandise Bags
Waxed Sandwich Bags
Lunch Bags
Submarine Sandwich Bags
Dry Waxed & Sta-Dri Hamburger, Hot Dog & French Fry Bags
Bakery Bags
Candy & Nut Bags
Drink Glass Covers
Sanitary Napkin Bags
Natural Kraft Wrapping Paper Counter Rolls
Natural Kraft Wrapping Paper Sheets
Butcher Wrap
Freezer Paper

Rigby Orchards Ltd. (R,P,N,I)

P.O. Box 163
Killarney, Manitoba R0K 1G0
Phone: (204) 781-5638
Fax: (204) 269-6842
Contact: Grant Rigby,
President

(A)
Raspberry Wines
Fruit Wine Kits
Saskatoon Berry
Black Currant
Dessert Topping
Blackcurrent Salad Dressing
Organic Produce and Natural Foods
Organic Grains
Food Service and Retail Packaging
Distributed by
White Cap, Crampton and MLCC.

Roastwell International Gourmet Foods Ltd. R,P,N

550 Archibald Street
Winnipeg, Manitoba R2J 0X4
Phone: (204) 255-0005
Fax: (204) 255-1112
roastwell@pcs.mb.ca
roastwell.com
Contact: George Chamaa
President

Oven Bakes products
Hand Held Products
Bagels & Bites
English Sausage Bangers
Pizzas
Sandwiches
Home Meal Replacements
International Recipes
Perogies

Roy Legumex Inc. (R,P,N,I)

P. O. Box 40
250 Rue Caron
St. Jean-Baptiste, Manitoba R0G 2B0
Phone: (204) 758-3597
(800) 758-7857
Fax: (204) 758-3260
legumex@legumex.com
www.legumex.com
Contact: Ivan Sabourin,
Robert Lafond,
Brigitte Sabourin
Brigitte Sabourin
Vice President

(A)
Dry Peas - Yellow (whole & split)
Dry Peas - Green (whole & split)
Green Lentils
Fababeans - (whole, dehulled or full split)
Food - Quality Flax
Canary Seed & other birdseeds
All varieties of beans
Chickpeas

S

Sabourin Seed Service Ltd. (R,P,N,I)

Box 340
St. Jean Baptiste, Manitoba R0G 2B0
Phone: (204) 758-3595
Fax: (204) 758-3059
sabourinseed@sabourinseed.com
www.mts.net/~sabseeds
Contact: Aime Sabourin
President
Denis Vermette
Community Markter

Birdfood Products
striped sunflowers, black oil sunflowers, canaryseed, sunflower chips, flax, canola, oat groats, white/red millet, buckwheat, milo, steel cut oats, safflower, dehulled millet, pumpkin seed
Human Consumption
sunflowers, flax, pot/pearl barley
Seed
sunflowers, canola,

Saputo Foods Ltd. (R,P,N)

Box 1180
235 Manitoba Road
Winkler, Manitoba R6W 4B2
Phone: (204) 325-4321
Fax: (204) 325-5739
pvanewijk@saputo.com
www.saputo.com
Contact: Pieter Van Ewijk,
Plant Manager

(A)
Bulk cheese, 640 # blocks
Whey Protein Concentrate *35%

Saputo Milk Division* (R,P,N)

202 - 1460 Chevrier Boulevard
Winnipeg, Manitoba R3T 1Y6
Phone: (204) 987-6450
Fax: (204) 452-3476
papineau@saputo.com
Contact: Don Papineau,
Regional Sales Manager

(A)
Milk & Cream Products*
Milk Whole* 20L, 4 L, 2 L, 1 L, 1/2 L, 1/4 L.
Milk 2%* 20 L, 4 L, 2 L, 1 L, 1/4 L.
Skim Milk* 20 L, 2 L, 1 L, 1/4 L.
Buttermilk* 1 L.
Chocolate 2% Milk* 20 L, 1 L, 1/2 L, 1/4 L.
Cereal Cream* 1 L, 1/2 L, 1/4 L, individual creamers, 1/2 oz., 160/bag
Whipping Cream* 1L, 1/4 L.
Sour Cream* 4L, 1/2L, 1/4 L.
Egg Nog* 1L, 2L.
Dry Cottage Cheese* 600 g 10 kg
1 1/2 kg bags & bulk
Creamed Cottage Cheese* 250 g, 500 g, 6/cs, 12/cs, 1 1/2 kg bags & bulk
Butter Salted* No. 1, 250 g, 36/cs, 50/cs, 454 g
Butter Unsalted * 250 g 70 c/s
Butter Bulk* 25 kg boxes
Butter 5 lb. patties 7 lb. Portions 13 lb. readies
Ice Cream Mix* (Soft Serve) Vanilla & Chocolate* 20 L, 10 L, 2 L.
Milkshake Mix* 1 L.
Ice Milk Mix* 2 L.
(B)
Fruit Juices & Drinks*
Orange Juice* 1L, 175 ml
Apple Juice* 1 L, 175 ml
International Delight Creamers 946 ml, 473 ml portion cups

Schalk Farms (Seed) (R,P,N,I)

Box 306
Petersfield, Manitoba R0C 2L0
Phone: (204) 738-2277
Fax: (204) 738-2479
fschalk@mts.net
Contact: Mr. A Schalk,
Owner

(A)
Seed, Bird and
Animal Feed,
Human Consumption
grades of flax, canary
seed and canola.

Schneider Foods Retail Sales Division (R,P,N)

140 Panet Road
Winnipeg, Manitoba R2J 0S3
Phone: (204) 235-8100
Fax: (204) 233-4318
Contact: Carson Loepp,
Sales Manager
Retail Sales
Ted Rodgers,
Sales Manager
Food Service Sales
Scott Auringer,
Plant Manager

(A)
Original, Pepperoni, BBQ,
Private Label,
Sticks available in 8 g
45 g, 95 g, packages

Scott Bathgate Ltd. (R,P,N)

P. O. Box 765
149 Pioneer Avenue
Winnipeg, Manitoba R3C 2M8
Phone: (204) 943-8525
Fax: (204) 957-5902
scotgate@canpay.com
Contact: James Burt,
President/General Manager

(A)
Nutty Club
Sunflower Seeds in shell
(Roasted & Salted) 20 g,
70 g, 200 g, 350 g
Sunflower Seeds in shell (Raw)
20 kg sacks
Sunflower Seeds in shell
(Roasted & Salted)
20 kg sacks
Sunflower Seeds in shell
(Roasted & Unsalted)
20 kg sacks
Sunflower Seeds, shelled
(Roasted & Salted)
50 g, 100 g, 200 g
Sunflower Seeds, shelled
(Roasted & BBQ)
50 g, 100 g, 200 g
Sunflower Seeds, Shelled (Raw)
10 kg ctns., 12/225 g
Sunflower Seeds, shelled
(Roasted & Shelled)
20 kg sacks
Sunflower Seeds, shelled
(Roasted & BBQ) Salted
10 kg ctns.
Nutty Club Cordial (2 flavours)
12/750 ml, 12 x 1 L
Nutty Club Pancake Syrup
12/500 ml, 12/750 ml, 12/1 L
Nutty Club Blueberry Pancake
Syrup 12/500 ml, 12/750 ml,
12/1 L
Nutty Club Candy 24/50 g
125 g, 200 g and bulk
pack (over 60 varieties)
Pumpkin Seeds 48/40 g,
12/100 g, 10 kg
(B)
Food Club
Food Club Hot Mustard
12/250 ml, 2/500 ml,
10/500 ml, 4 L Poly Bags
Food Club Prepared Mustard
12/250 ml, 12/500 ml,
4 L Poly Bags, 4/4 L Glass
Jars
Food Club Food Colour (4
colours)
12 x 4 x 13 ml kits (Red
Green, Yellow, Blue)
55 ml, 750 ml, 4L Poly Jug
Engedura Yeast 100g, 250g, 500g
Nutty Club Baking Supplies
(All Packed 12s) Also available
in 10 kg Bulk
#1 Walnuts 100 g, 200 g,
300 g
Light Amber Walnuts 100 g,
200 g, 300 g
Walnuts Chopped 100 g, 200 g
Almonds Blanched 100 g, 175 g
Almonds Blanched Sliced
100 g, 175 g
Almonds Blanched Slivered,
100 g, 175 g
Almonds Blanched Ground
100 g, 175 g
Almonds Shelled 100 g, 200 g
Almonds Shelled Sliced 160 g
Baking Cashews 100 g
Baking Pecans 100 g
Baking Brazils Whole 100 g
Baking Brazils Sliced 100 g
Baking Filberts Whole 70 g
Baking Filberts Sliced 70 g
Baking Peanuts 100 g
Baking Nut Nibs 100 g
Cake Fruitlets 225 g
Nutty Club
Nutty Club Karmel Korn
36/35 g, 12/150 g, 12/250 g
Nutty Club Crispy Corn 36/35 g,
12/120 g, 12/170 g
Nutty Club Prize Popcorn (Pink)
Nutty Club Satchel
Popcorn with
Prize (Pink)
Nutty Club Popping Corn
24/500 g, 1 kg
Nutty Club Processed Salted
Nuts Bulk 10 kg Cartons
Cashews, Nuts & Raisins Jumbo
Peanuts, Spanish Peanuts,
Barbequed Peanuts, Red Jacket
Peanuts, Salt & Vinegar Peanuts,
Pizza Peanuts, Club Asst. Nuts,
Bridge Asst. Nuts, Deluxe Asst.
Nuts (No Peanuts), Jogger's
Mix, South Seas
Nutty Club Cello Bags Salted
Peanuts - 50 g, 100 g, 300 g
Barbecued Peanuts, Spanish
Peanuts, Jumbo Peanuts,
Salt & Vinegar Peanuts,
Pizza Peanuts

Nutty Club Cello Bags Salted Nuts
Bridge Asst. Nuts, Deluxe Asst. Nuts (No Peanuts) Cashews, Nuts & Raisins, Barbecued Peanuts, Spanish Peanuts, Jumbo Peanuts, Pizza Peanuts, Salt & Vinegar Peanuts, Club Asst., Jogger's & South Seas
Nutty Club Peanut Butter (98% Peanuts, 2% Salt) 12/500 g, 12/1 kg, 6/1 kg
Nutty Club Peanut Butter No Salt 12/500 g, 1/12 kg pail
Nutty Club Crunchy Peanut Butter (98% Peanuts, 2% Salt)

Sevala's Deli & Catering (R,P,N)

126 Victoria Avenue West
Winnipeg, Manitoba R2C 1S5
Phone: (204) 224-4900
Fax: (204) 222-3732
www.sevalas.com
Contact: Mr. Del Demchuk, Owner/Operator

(A)
Ukrainian Deli
Perogies
Cabbage Rolls

Sheldon's Foods (P)

1577 Pembina Hwy.
Winnipeg, Manitoba R3T 2E5
Phone: (204) 452-1008
Fax: (204) 453-1987
Contact: Sheldon Intrater, Manager

Knishes,
Potato,
Potato & Mushroom,
Potato & Cheese & Jalapeno,
Cheese
Cherries & Cheese
Spinach & Cheese
Kasha

Blintzes
Cheese,
Potato,
Potato & Mushroom,
Vegetable,
Spinach & Cheese,
Cherry,
Apple,
Blueberry,

Shellmouth Sausage Co. (R,P)

Box 848
Roblin, Manitoba R0L 1P0
Phone: (204) 937-8322
Fax:
daddis@mts.net
Contact: Don Addis

(A)
Summer Sausage
Country Style Sausage
Ham-Garlic Sausage
Ham-Garlic Stick
Salami
Salami Stick
Pepperoni
Pepperettes
Hickory Stix
Custom Work

Simplot Potato Plant (R,P,)

P.O. Box 1180
Portage la Prairie, Manitoba R1N 3J9
Phone: (204) 857-8868
Fax: (204) 857-1499
Contact:

French fries

Simply Natural Canadian Spring Water (R,P,N,I)

94 Durand Road
Winnipeg, Manitoba R2J 2T2
Phone: (204) 783-5536
(866) 212-5122
Fax: (204) 586-9680
simplynatural@mts.net
www.simplynaturalwater.com
Contact: Rene Lamoureux, Vice President, Operations

(A)
Bottled water in sizes:
355 ml, 500 ml, 1 L
1.5 L, 4 L, 10 L, 18.9 L
Water Dispensers – Home & Office Delivery
Custom Co-packaging
Bag-O-Water
Private Labelling
Natural Falvoured Water

Smith's Corned Beef & Sausage (R,P,N,I) fi

1434 Church Avenue
Winnipeg, Manitoba R2Y 1G4
Phone: (204) 633-7054
Fax: (204) 694-0708
Contact: Bob Jeffery
bjeffery@mts.net

Beef:
Premium Corned Beef Briskets
Premium Corned Beef Briskets shaved
Premium Corned Beef Briskets 1/2's
Premium Corned Beef Briskets sliced
Corned Beef Rounds
Corned Beef Rounds Sliced
Corned Beef Rounds Shaved
Pastrami Beef Rounds
Premium Pastrami Beef Briskets

Premium Pastrami Beef Briskets 1/2's
Premium Pastrami Brisket Sliced
Premium Cooked Roast Beef Shaved
Fully Cooked Seasoned Sliced Roast Beef
Deluxe Beef Salami Sliced
Pork and Beef Salami Sliced
Pizza Pepperoni Whole
Premium Cooked Roast Beef 1/2's
Premium Cooked Roast Beef sliced
Deluxe Beef Salami - Chubs
Deluxe Beef Salami - Thins
Deluxe Beef Salami - Slices
Beef/Pork Salami
Pizza Pepperoni - Sliced 250 g, 5 kg
Beef Smokies
Beef Smokies in Natural Hog Casing
Knockwurst in Natural Hog Casing
Beef Wieners in Lamb Casing
Pork & Beef Wieners in Lamb Casing
Beef Sausage H. C. Bulk
Beef Sausage H. C. Trays
Beef Sausage C. C. Bulk & Trays
Beef and Onion Sausage Bulk
Beef and Onion Sausage Trays
J. D. Sausage
Beef & Pork Sausages
Bung Bologna
Spiced Meat Loaf
Garlic Meat Loaf
BBQ Meat Loaf
Smiths Burgers 4 5 7
Ground Beef Reg Med Lean
Stewing Beef
Minute Steaks
Striploin Steaks
Top Sirloin Steaks
Ribeye Steaks
T-Bone Steaks
Tenderlion
Striploins
Finger Bones
Ribeyes
Roast-Ready Ribs
Sirloin Tips
Outside Rounds
Inside Rounds
Beef Flats
Boneless Beef Clods
Boneless Beef Chuck Roasts
Baron of Beef
Short Loins
Ribs 7 bone
Boneless Beef
Tripe
Pork:
Sliced Bacon 14/16
Sliced Bacon 16/18
Breakfast Hams
Cooked Hams - 4 x 4
Pork Roasts Boneless
Pork Cutlets
Pork Chops 1/2" C.C.
Pork Chops 3/4" C.C.
Pork Spareribs S/B/SS
Leg of Pork Boneless
Pork Chops 2" C.C.
Pork Chops 1/2", 3/4", 2" F.E.
Pork Side Ribs
Pork Sausage with soy, trays & bulk
Pork Cocktail Sausage with soy, trays
Hot Italian Sausage, trays & bulk
Mild Italian Sausage, trays & bulk
English Bangers
Fully Cooked Pork Loins Sliced
Cooked Ham Shaved
Pork Sausage meat with Soy
Cooked Ham Sliced
Boneless Smoked Ham Whole, Sliced, Shaved
Pizza Ham Whole, Sliced
Ham Steaks
Mini Dinner Ham

Sobeys West

1800 Inkster Boulevard
P. O. Box 9600
Winnipeg, Manitoba R3C 3J6
Phone: (204) 632-7100
Fax: (204) 694-5139
cathy_silman@sobeys.net
Contact: Cathy Silman, Administration Operations

Commodities:
Dry Groceries
Fresh Produce
Frozen Foods
Health & Beauty Aids
Meat
Bakery

Springhill Farms (R,P,N,I) fi

P.O. Box 10000
Neepawa, Manitoba R0J 1H0
Phone: (204) 476-3393
Fax: (204) 476-3791
springhill@escape.ca
Contact: Gary Fuller, Assistant General Manager

(A)
All Fresh and Frozen Pork Cuts - primal and sub-primal

Sprout World (R,P)

1119 Empress Street
Winnipeg, Manitoba R3E 3H1
Phone: (204) 772-3771
Fax: (204) 772-3771
Contact: Joyce Paul, Manager

(A)
Regular Alfalfa Sprouts
12/140 g plastic container
Deli Mix Sprouts
12/140 g plastic container
Spicy Radish Sprouts
12/135 g plastic container
Broccoli Sprouts
12/120 g plastic containers
Bulk Regular Alfalfa Sprouts (plastic bag in cardboard carton) 3 lb
Bean Sprouts
12/250 g plastic containers

Bulk 5 lb Bean Sprouts
Sunflower Greens
6/135 g plastic container
Soup 'n Salad Helper
12/135 g plastic container

Stone-Ground Daily Bread (R,P)

1399 Pembina Highway
Winnipeg, Manitoba R3T 2B8
Phone: (204) 474-5900
Fax:
Contact: Brian and Anne Rempel, Owners

(B)
Organic Bakery
The Right Choice..."Naturally"
No additives or preservatives.
Some alternative wheat free products, as well as wheat products
Dairy, eggs, animal fats, yeast, or white sugar. (Low in oil).
Breads:
Multi-Grain
100% Whole Wheat
Flax Bread
Stone-Ground Rye
Whole Wheat Raisin
Yeast-Free Spelt
Baked Bread Chips
Buns:
Multi-Grain Hamburger/Hotdog
Cracked Wheat
Hamburger/Hotdog
Bagels: (boiled)
Multi-Grain
Pies:
U-Bake Whole Wheat
Sweets:
Carob Fudge
Vegan Whole Wheat Cinnamon Buns:
Yeast Free Cinnamon Buns
Wholewheat and Kamut Muffins and Cookies
Also sold at:
House of Nutrition
770 Notre Dame Avenue
Winnipeg, MB

Sumka Brothers (R,P)

132 Sweetwater Bay
Winnipeg, Manitoba R2J 3G5
Phone: (204) 257-1944
(204) 256-1611
Fax: (204) 257-1944
Contact: Al Sumka

Sunco Foods* (R)

405 Notre Dame Avenue
Winnipeg, Manitoba R3B 1R2
Phone: (204) 942-8643
Fax: (204) 943-0388
Contact: Laurie Au, General Manager

(A)
Specialized Oriental Noodles
Wrappers & Pasta Products*
Chow Mein
Fresh Cooked Egg Rolls
Fresh Cooked Spring Rolls
Manufacturer and Wholesaler
Retail and bulk sizes available

Sunny Day Products Ltd. (R,P,N,I)

Box 2080
349 Manitoba Road
Winkler, Manitoba R6W 4B8
Phone: (204) 325-8910
Fax: (204) 325-6328
sunnyday@valleycable.com
www.sunnydayproducts.com
Contact: Dick Plett, General Manager

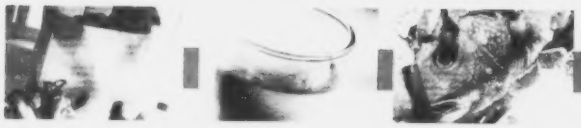
(A)
Roasted Sunflower Seeds
(Natural, Salted, Seasoned)
24 x 100 g bags
24 x 300 g bags
12 x 600 g bags
50 lb bag in shell
50 lb bag shelled
Raw Sunflower Seeds
50 lb bag in shell
50 lb bag shelled
Roasted Soy Nuts
25 lb box

(B)
Roasted Peanuts (Natural and Salted)
24 x 100 g bags
24 x 250 g bags
12 x 500 g bags
45 lb bag Jumbo
45 lb bag Valencia
Raw Peanuts
50 lb bag Jumbo
50 lb bag Valencia
Roasted Pistachios
(Natural, Salted, Seasoned)
24 x 125 g bag
24 x 454 g bag
25 lb box
Roasted Pumpkin Seeds
(Natural, Salted)
24 x 85 g bags
25 lb box
Corn Tortillas
12 x 25 shells/box
Mexican Food Products

Sunstone Coffee Roastery* (R,P,N,I)

361 Cameron Street
Headingley, Manitoba R4H 1C7
Phone: (204) 837-1381
(888) 273-9727
Fax: (204) 837-3281
info@sunstonecoffee.com
www.sunstonecoffee.com
Contact: Lionel Wright
Cheney Wright

(B)



Roasting:
18 Single Origina
Coffees/Espresso/Decafs
Organics Available
33 Flavoured Coffees
Custom Blending
Private Label Available by Contract
Packaging from 2 oz. to 5 lbs. (ground or whole bean)
17 Organic Teas/Organic Chai Tea/
Oscars Syrups/Fruit Smoothie Mix
(Strawberry/Mango/Peach/Green Apple/Wildberry)
Coffee Filters

Superior Harvest Foods Inc. (R,P,N)

Box 196
Winkler, Manitoba R6W 4A5
Phone: (204) 829-3934
Fax: (204) 325-7346
ronnies@mts.net
Contact: Ron Giesbrecht

(A)
Roasted Jumbo Sunflower Seeds (salted, seasoned, lightly salted, no salt)
Roasted peanuts (salted, no salt)
Soy nuts, Pumpkin seeds, Pistachios,
Custom Roasting & Packaging

Sweet Alternative Desserts (R,P)

444 Rose Avenue
Grandview, Manitoba R0L 0Y0
Phone: (204) 546-3109
Fax: (204) 546-3371
cmtanas@mb.sympatico.ca
Contact: Connie Tanasichuk, Manager

(A)
No Sugar Added Baked Desserts
Dried Cherry/Cranberry Fruitcake
Christmas Fruitcake
Available in following sizes: 800 g, 400 g
Carrot/Pineapple Cakes
Carrot/Raisin Cakes
Available in following sizes: 800 g, 350 g
No artificial sweeteners used in any of the
baked products. Use only nutritious
wholesome ingredients. Only unbleached
whole wheat flour used in baked goods.

Sweet Truth Canadian Gourmet Candy (R,P,N,I)

P. O. Box 23024
RTO McGillivary Boulevard
Winnipeg, Manitoba R3T 5S3
Phone: (204) 779-8551
(866) 779-8551
Fax: (204) 779-8554
sweettruthcandy@shaw.ca
Contact: Ms. Diane McMillan, Owner

(A)
Sweet Truth Candy

Sysco Food Services of Winnipeg (R,P)

1570 Clarence Avenue
Winnipeg, Manitoba R3T 1T6
Phone: (204) 478-4000
Fax: (204) 453-5409
www.sysco.ca
Contact: Mark Ellsworth
Jeff Hall

T

Tall Grass Prairie Bread Company (R)

859 Westminster Avenue
Winnipeg, Manitoba R3G 1B1
Phone: (204) 779-4082
Fax: (204) 779-4002
tgp90@mts.net
Contact: Sharon Lawrence, Co-Owner/Manager
Lyle Barkman, Co-Owner/Manager
Tabitha Langel, Co-Owner/Manager

(A)(B)
Bakery Items:
Bread
Buns
Cinnamon Buns
Muffins
Squares
Dessert Loaves
Cakes
Pies
Cookies
Flour
Grain
Other Items:
Jams
Honey
Goat Milk
Drinks (variety)
Granola
Only at Forks Location
Soup,
Sandwiches,
Organic Coffee

Tall Grass Prairie Bread Company - The Forks (R)

119 - 1 Forks Market Road
Winnipeg, Manitoba R3C 4L8
Phone: (204) 947-1297
Fax: (204) 943-2818
tgpforks@mts.net
Contact: Sharon Lawrence, Co-Owner/Manager
Lyle Barkman, Co-Owner/Manager
Tabitha Langel, Co-Owner/Manager

(A)
Bakery Items:
Bread
Buns
Cinnamon Buns
Mufins
Squares
Dessert Loaves
Cakes
Pies
Cookies
Flour
Grain
Other Items:
Sandwiches, Soups
Drinks (variety)
Organic Coffee
Granola
Soups
Sandwiches
Organic Coffee

Tamarbar Inc. (R,P,N)

84 St. Cross Street
Winnipeg, Manitoba R2W 3Y1
Phone: (204) 478-1887
Fax: (204) 478-1887
tamar@tamarbar.com
www.tamarbar.com
Contact: Ms. Tamar Amihude, CEO

(A)
Sugar free chocolate bars

Tasty Seeds Ltd. * (R,P,N)

144 Plymouth Street
Winnipeg, Manitoba R2X 2Z1
Phone: (204) 632-6906
Fax: (204) 694-9328
info@tastyseeds.com
Contact: Brad Edwards
Ernie Kulbaba

(A)*
Tasty Favorite Brand Sunflower Seeds 10/2 lb (907 g), 24/4-1/2 oz (128 g), 12/12 oz (340 g)
Tasty Favourite Brand Sunflower Seeds, Seasoned 24/128 g, 12/340 g, 10/907 g
Cajun 24/128 g, 12/340 g
Bulk Sunflower Seeds 25 lb Bags
(B)
Pumpkin Seeds (Salted, Seasoned)*
Tasty Favorite Brand Pumpkin Seeds* 12/4 oz (113 g)
Tasty Favorite Brand Pumpkin Seeds* Seasoned 12/4 oz (113 g)
Tasty Favorite Brand Sponge Toffee 12/35 g
Bulk Sunflower Kernels*, 50 lb Bag, raw or roasted
Tasty Favorite Brand Halloween Pack 12 x 20/20 g

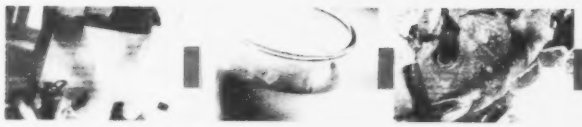
The Danish Mermaid Ltd. (R,P)

433 Broadway Avenue
P.O. Box 1089
Killarney, Manitoba R0K 1G0
Phone: (204) 523-8109
Fax: (204) 523-8383
lbartley@mb.sympatico.ca
www.thedanishmermaid.ca
Contact: Lee Bartley

(A)
Sweet treats for all!
Deluxe handmade chocolates, fudge and confectionary,
Available in bulk, packaged, gift packages and baskets
as well as over 25+ .
flavours of soft ice cream.
No sugar-added products a specialty.
No sugar-added spreads.
Manitoba Maple Syrup.
Simply Natural Water.
Agent for Rigby Orchards.
Truly your much, much, more store.

To-Le-Do Foodservice (R,P,N) fi

2430 McGillivray Boulevard
Winnipeg, Manitoba R3Y 1G5
Phone: (204) 487-3340
(800) 250-6606
Fax: (204) 487-3702
barry.rooney@toledofoodservice.ca
Contact: Leigh Young, President
Marlin Vanrobaeys,



Plant Manager
Barry Rooney,
Sales Manager
Laura Grant,
Marketing

Processors of Portion Controlled Beef, Pork, Veal, Lamb and Bison Products
Licensed Processor & Distributor of Certified Angus Beef®
Primal Cuts of Beef, Veal, Pork, Lamb, & Bison
Fresh & Frozen Poultry
Fancy Meats
Smoked, Cooked and Cured Meats
Seafood
Cheeses
Butter & Oil Products
Soup, Sauces & Bases
Salad Dressings
Frozen Vegetables
Desserts
Prepared Appetizers & Entrees
French Fries
Assorted Grocery Products

Federally Registered Production Plant Establishment # 533, AA rated
Servicing Hotels, Restaurants, Health Care, Institutions, Golf, & Country Clubs, Caterers, Retail Stores & Fundraisers
Marketing/Menu Development Services
15 year Manitoba Based Business
People-Product-Performance

Toepfer International - Alfred C. Toepfer (Canada) Ltd. (R,P,N,I)

709 - 167 Lombard Avenue
Winnipeg, Manitoba R3B 0V3
Phone: (204) 925-0468
Fax: (204) 956-0282
toepher@mts.net
www.ACTI.de
Contact: Lawrence Yakielashek

(A)
Dry Peas, Yellow, Green
Chick peas, Desi, Kabuli
Canola / Flaxseed /
Malt Barley
Wheat / Durum

Trainor Artesian Water Co. Ltd. (R,P,N)

Box 90
Victoria Beach, Manitoba R0E 2C0
Phone: (204) 697-1456
Fax: (204) 694-7005
Contact: Chris Trainor, President

(A)
Bottlers of Natural Artesion Spring Water & R. O. Water
3.78 L
4 L
2 L
1 L
1.5 L
355 ml
500 ml
600 ml
10 L
5 U.S. gal (18.9 L)
Custom bottling/co-packing
Water Coolers rental and sales
Home & office delivery

Tundra Wild Rice Inc. (R,P,N,I)

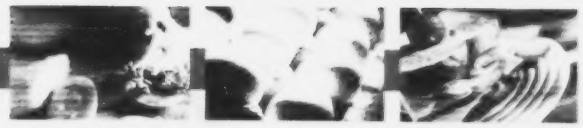
P.O. Box 263
Pine Falls, Manitoba R0E 1M0
Phone: (204) 367-8651
Fax: (204) 367-8309
Contact: Denis Pereux, President
Martin Cyr, Sales Manager

Producers, Wholesale and Retail Sales
(A)
Graded Canadian Lake Wild Rice
Retail Package 10/250 g, 10/500 g, 10/500 g
Bulk Package 5 kg (11 lb) pail, 22.7 kg (50 lb), 36.36 kg (80 lb)
Custom and Gift Packing available
"Certified Organic" wild rice available on request

V

Vegetable Growers' Association of Manitoba (R,P,N,I)

Box 984
Portage la Prairie, Manitoba R1N 3C4
Phone: (204) 428-3188
Fax: (204) 428-3245
vgam@escape.ca
Contact: Todd Giffin, President
Box 160
Portage La Prairie MB R1N 3B2
Phone: 204-857-4581
Fax: 204-239-6099
Beth Connery, Secretary-Treasurer



Vic Fitness (P)
603 Strathcona Street
Winnipeg, Manitoba R3G 3E6
Phone: (204) 999-1262
Fax:
vkeller@shaw.ca
Contact: Vic Keller

Protein Power Bars
Different Flavours

Vita Health Co. (1985) Ltd.*
150 Beghin Avenue
Winnipeg, Manitoba R2J 3W2
Phone: (204) 654-5484
Fax: (204) 663-8366
delias@leiner.com
Contact:

Supplements

Volga Enterprise Ltd. (Dairy Agri Food Products) (R,P,N,I)
Box 71
1631 St. Mary's Road
Winnipeg, Manitoba R2N 3X9
Phone: (204) 257-3185
(204) 256-4559
Fax: (204) 257-3185
info@dadafoods.com
www.dadafoods.com
Contact: Mrs. Jyoti Sachdev

(A)
Dada Panir tm: Specialty Cheese/Dairy Foods
Fresh Natural
Frozen Natural
Frozen Fried

W

W. H. Escott Company Ltd.* (R,P,N,I)
95 Alexander Avenue
Winnipeg, Manitoba R3B 2Y8
Phone: (204) 942-5127
Fax: (204) 943-5320
raypro@whescott.mb.ca
www.whescott.mb.ca
Contact: Ray Prokopchuk, President

(A)*
Soup mix with Alphabets
12/450 g, 10 kg bulk
Popcorn, Premium Yellow
12/450 g, 10 kg bulk
Buckwheat Whole 12/450 g, 10 kg, 5 kg
Buckwheat Coarse 12/450 g, 10 kg
Yellow Split Peas
12/450 g, 10 kg, 5 kg, Bulk
Green Split Peas
12/450 g, 10 kg, 5 kg, Bulk
Pot Barley 12/450 g, 10 kg, 5 kg
Pearl Barley 12/450 g, 10 kg, 5 kg
Whole Green Peas
12/450 g, 10 kg, Bulk
Whole Yellow Peas
12/450 g, 10 kg, Bulk
Lentils (Green)
12/450 g, 10 kg, Bulk
Black Turtle Beans
12/450 g, 10 kg, 5 kg, Bulk
Black Eye Beans
12/450 g, 10 kg
Chick Peas (Garbonzo)
12/450 g, 10 kg, 5 kg
Baby Lima Beans
12/450 g, 10 kg, 5 kg
Large Lima Beans
12/450 g, 10 kg
Small Red Chili Beans
12/450 g, 10 kg
Red Kidney Beans
12/450 g, 10 kg, 5 kg
Pinto Beans 12/450 g, 10 kg
Small White Beans
12/450 g, 10 kg, 5 kg, Bulk
Great Northern Beans
12/450 g, 10 kg
Oats 12/1 kg, 6/2.25 kg

Water Pure & Simple Ltd. (R,P)
Box 29
43 Avenue De L'eglise
Otterburne, Manitoba R0A 1G0
Phone: (204) 433-7664
(866) 433-7664
Fax: (204) 433-7644
WPS@MTS.NET
Contact: Dale Friesen
General Manager

Water

Waterro Corporation* (R,P,N,I)
Unit 4
1455 Waverley Street
Winnipeg, Manitoba R3T 0P7
Phone: (204) 477-0001
Fax: (204) 477-0219
info@waterro.com
www.waterro.com
Contact: Travis Kuffner, President

(A)
E. R. O. Premium Bottled Water

is available for home or office delivery in 500 ml, 600 ml 11.9 L, and 18.9 L sizes. We also offer water cooler rentals, sales and service as well as custom in-line purification systems. Our in-house design studio support a comprehensive custom label division providing private label services in a large variation of sizes, styles and materials.

Western Grocers (R,P,N)

P. O. Box 842
Winnipeg, Manitoba R3C 2R4
Phone: (204) 786-5105
Fax: (204) 786-5189
Contact: E. R. Rude,
Zone Manager

Commodities:
Dry Groceries
Fresh Produce
Frozen Foods
Tobacco
Health & Beauty Aids
Fresh Meat

Weston Bakeries Ltd (R,P,N)

P. O. Box 831
666 Elgin Avenue
Winnipeg, Manitoba R3C 2P7
Phone: (204) 789-2200
(204) 774-7431
Fax: (204) 837-3861
kgoodwin@westonbakeries.com
Contact: K. Goodwin,
General Sales Manager
Chris Parker,
Plant Manager

(A)
Country Harvest, D'Italiano
Wonder Breads, Wheat Breads, White, Whole Wheat, Raisin, Diet and Fancy Breads, German Breads, English Muffins, Bagels
Dinner rolls,Hot Dog Buns, Hamburger Buns
Sweetgoods - Hostess
Urban Wafer
Vachon Products

Wild West Seasonings (R,P,N,I)

144 Seekings Street
Headingley, Manitoba R4J 1A9
Phone: (204) 992-2104
(800) 493-3993
Fax: (204) 832-9970
rod@wildwestseasonings.com
www.wildwestseasonings.com
Contact: Rod Schwartz, President
Janet Schwartz

(B)
Jerky Seasoning
Traditional
Pepper
Teriyaki
Hickory
Cajun
BBQ
Sausage Kits
European Garlic
Home Style Farmer
Country Style Summer
Breakfast
Hot Italian
Mild Italian
Pepperoni
Bratwurst
Wild West Fish Seasoning
Golden Crispy Fish
Freddies Famous Fish
Buddies Beer Batter
Fisherman's Favorite
Meat Seasoning
Golden West Chicken Seasoning
Dry Garlic Rib Seasoning
Honey Garlic
Marinara
Caesar Pleaser
Instant Tomato Claim
Cocktail Drink mix

Wild West Meat Marinades
Teriyaki Meat Marinade
Cracked Pepper & Garlic Pepper Blend
Herb and Garlic
Cajun
Jamaican Jerk Meat Marinade

Winkler Meats Ltd. (R,P,N,I) fi

P. O. Box 759
270 George Street
Winkler, Manitoba R6W 4A8
Phone: (204) 325-9593
Fax: (204) 325-5735
Contact: Harry Dyck,
Manager
Winnipeg Office Sales & Marketing
Phone: (204) 233-2344
Fax: (204) 325-5735
Don Phillips,
Bill Houston

Farmer's Sausage, twin and Family Pack
Coarse Ham Garlic Sausage 12/500 g
Liver Sausage 26/500 g
Bung Bologna
Pepperoni
Salami
Smoked Wieners 12/500 g

Smokies 12/500 g
Bulk Bacon # 1 Regular & Thick Slice 5 kg
Bulk Bacon # 2, 5 kg
Black Forest Hams
Old Fashioned Hams
Smoked Ham Roll
Cooked Ham
Canadian Back Bacon, Chunks & Slices
Hot & Spicy Sausage
All Fresh Pork Cuts
All Products Random Weight
Farmer's Saursage Minis 500 g
Farmer's Sausage Slices 500 g

Winnie's Winning Ways (P)

Box 592
Morris, Manitoba R0G 1K0
Phone: (204) 746-8162
Fax: (204) 746-8162
winnie@soyasatisfied.ca
Contact: Elaine Edel, Owner

Soya Products using whole soyabean, Non-genetically modified,

Winnipeg Mustard and Canary Seed Plant (R,P,N,I)

101 De Vos Road
Winnipeg, Manitoba R3T 5X9
Phone: (204) 989-5468
Fax: (204) 261-8685
www.agricoreunited.com
Contact: Rick Gigolyk

(B)
Mustard Seed
Canary Seed

Winnipeg Old Country Sausage Ltd. (R,P)

691 Dufferin Avenue
Winnipeg, Manitoba R2W 2Z3
Phone: (204) 589-8331
(800) 818-4969
Fax: (204) 586-5661
wpgolcty@myd.nry
Contact: Ken Werner, President

(A)
Bologna Bung, Bulk
Bologna Bung, Cryovac
Wieners Natural Casing 8", 6"
Wieners Natural Casing, Cryovac
Wieners Skinless 6", 8", 10", 12"
Wieners Super Dogs
Wieners Skinless 6", Cryovac
Extra Special Garlic Sausage, Bulk Cryovac
Coil Garlic Sausage, Bulk
Smokies, Bulk
Liver Sausage Natural Casing, Cryovac
Liverwurst, Bulk 300 g
Pepperettes, Bulk
Pepperoni, Bulk
Salami, Bulk
Salami Chub, Bulk 300 g
Farmer Sausage, Cryovac
Special Ham Sausage, Bulk, Cryovac 300 g
Headheeese
Headcheese, Cryovac
Chicken Loaf, Cryovac
Barbeque Loaf, Cryovac
Old Style Meat Loaf, Cryovac
Holiday Ham, Cryovac
Boneless Ham, Cryovac
Cooked Ham, Cryovac
Gourmet Corned Beef, Cryovac
Picnic Pork Shoulder Smoked
Picnic Pork Shoulder Smoked, Cryovac
Ready to Serve Ham
Number 1 Side Bacon
Rindless Side Bacon
Sliced Bacon, 1 lb. Cryovac, Bulk
Bacon Ends, Frozen
Bacon Mini Slab, Cryovac
Bacon Bulk Flats
Cello Bologna
Garlic Sausage Ring, Cryovac
Beef and Pork Pattie Meat - Roll
Lean ground Beef 5 lb Roll
Lean Ground Beef 2 lb Roll
Regular Ground Beef - Roll
Breakfast Sausages 400 g, 6 lb
Side Ribs, 2" Strip
Pork Chops, Centre and Rib Only
Boned and Rolled Pork Butts
85% Lean Boneless Beef
Beef Inside Round Roast
Beef Outside Round Roast
Beef Shoulder Roast
Beef Ribeye, Graded
Beef Sirloin Tip Roast
Beef Chuck Roll Roast
Beef Regular Roll, Utility
Mild Cheese 5 lb
Medium Cheese 5 lb
Mozzarella Cheese 5 lb
Seasoned Beef Patties 4 oz
Seasoned Beef Patties 2.6 oz
Blood & Tongue
Fleishwurst
Spiced Ham
Bratwurst
Chicken Products

Winpak Ltd.* (R,P,N,I)

100 Saulteaux Crescent
Winnipeg, Manitoba R3J 3T3
Phone: (204) 889-1015
Fax: (204) 832-7781
info@winpak.com
www.winpack.com
Contact: B. J. Berry, President
D. A. Johns, Sales Director
N. J. Rowe, Sales Director

Winpack Ltd. Manufactures and distributes high quality packaging materials for the

protection of perishable food, beverage and dairy products, and for use in non-food markets such as pharmaceutical and complex industrial applications.

Wittmann Foods International Inc. (R,P,N)

10-449 Provencher Blvd.
Winnipeg, Manitoba R2J 0B8
Phone: (204) 668-1684
Fax: (204) 231-0905
wittmannfoods@shaw.ca
www.wittmannfoods.com
Contact: Mr. Manfred Villing, President

(A)
Condiments/Conserves
Wittmann's Original Sweet Spreads:
Honey Butter Spread
Strawberry Flavoured Honey Butter Spread
Honey Butter Spread with Swiss Chocolate Swirl

Wortzman's Specialty Foods (R,P,N)

Winnipeg, Manitoba R3L 1Z3
Phone: (204) 771-2860
Fax: (204) 989-5508
worspec@mts.net
Contact: Mr. Jason Wortzman, Director

(A)(B)
Smoked Cheese:
2 year old Maple Smoked Cheddar
Hickory Smoked Monterey Jack
Smoked Mozarella

Brokers and Distributors

Federated Co-operatives Limited (R)

1615 King Edward Street
Winnipeg, Manitoba R3C 2W6
Phone: (204) 633-8950
Fax: (204) 631-4647
Contact: Ken Abbott,
Regional Food Manager
Commodities:
Dry Groceries
Tobacco
Health & Beauty Aids
Integrated Non-Foods

Cambrian Food Group. (R,P,N,I)

7 - 915 McLeod Avenue
Winnipeg, Manitoba R2G 0Y4
Phone: (204) 667-3434
Fax: (204) 667-3937
rudi.wiebe@cambrianenterprises.com
cambrianenterprises.com
Contact: Rudi Wiebe

(A)
P & H Readyfoods Ltd. (Wpg.)
Prairie Harvest Canada Ltd.
Ross Chocolates
Original Cakery (Vancouver)
English Bay (Vancouver)

L & S Food Distribution (R,P,N)

55 Avril Lane
Winnipeg, Manitoba R3R 3C8
Phone: (204) 489-6939
Fax: (204) 896-4723
lsfoods@mts.net
Contact: Lawrence Anseeuw

(A)
Distributor of J. C. Food, P & H Foods, Elman's,
Winkler
Meats, Dunn Rite

Macdonalds Consolidated - Wholesale Division of Canada Safeway Ltd. (R,P)

1000 King Edward Street
Winnipeg, Manitoba R2H 0R1
Phone: (204) 631-4461
Fax:
Contact: David Kowbel
Commodities:
Supplier to Safeway Stores only

Mondo Foods Company Ltd.* (R,P,N)

40 Otter Street
Winnipeg, Manitoba R3T 4J7
Phone: (204) 453-7722
Fax: (204) 453-3256
tom@mondofoods.com
www.mondofoods.com
Contact: Maria De Nardi
CEO
Tom DeNaradi
Director, Sales & Marketing

(A)
Parmalat - St. Claude, Manitoba - butter*
Parmalat Foods - Winnipeg cheese, cheddar
Bee Maid Honey - Winnipeg honey*
Bothwell Cooperative Dairy Society
- New Bothwell, Manitoba
Cheddar cheese
Can Amera Foods - Winnipeg - canola oil*
Loveday Mushrooms Farms (Manitoba), K.G. Mushroom Farms (Manitoba) mushrooms
Prairie Dawn Flour - Manitoba - Flour*
Also purchase fresh pork and lamb, Manitoba grown from various

suppliers to produce sausasge at our Retail Stores La Grotta Del Formaggio and our 2nd store, La Grotta Mediterranean Market.

Peak of the Market
1200 King Edward Street
Winnipeg, MB R3H 0R5
- Produce

Winnipeg Old Country Sausage
691 Dufferin Avenue
Winnipeg, MB
R2W 2Z3 - Fresh Meat

Garden Grove
2049 Dugald Road
Winnipeg, MB
R2J 0H3 - Produce

Growing Prospects
P. O. Box 1984
Winnipeg, MB
R3C 3R3 - Fresh herbs

Pratts Wholesale Ltd.

101 Hutchings Street
Winnipeg, Manitoba R2X 2V4
Phone: (204) 338-0444
Fax: (204) 339-9695
ekwowryk@mb.sympatico.ca
Contact: E. Katie Wowryk,
Contract Administrator
Commodities:
Major wholesale supplier of:
Tobacco
Confectionery
Grocery
Health and Beauty Aids
Janitorial
Paper Products
Meat
Produce
Food service
We carry all major name brands, as well as our own private label products

Sobeys West

1800 Inkster Boulevard
P. O. Box 9600
Winnipeg, Manitoba R3C 3J6
Phone: (204) 632-7100
Fax: (204) 694-5139
cathy_silman@sobeys.net
Contact: Cathy Silman,
Administration Operations
Commodities:
Dry Groceries
Fresh Produce
Frozen Foods
Health & Beauty Aids
Meat
Bakery

Western Grocers (N)

P. O. Box 842
Winnipeg, Manitoba R3C 2R4
Phone: (204) 786-5105
Fax: (204) 786-5189
Contact: E. R. Rude,
Zone Manager
Commodities:
Dry Groceries
Fresh Produce
Frozen Foods
Tobacco
Health & Beauty Aids
Fresh Meat

Westwind Brokers (R,P)

178 Wyatt Road
Winnipeg, Manitoba R2X 2X6
Phone: (204) 632-8995
Fax: (205) 632-9027
Contact: Chris Solylo,
President

Sales Agent For:
Creative Foods Ltd.

Manitoba Vegetable Wholesalers

Manitoba produces many varieties of quality vegetables that are full of flavour and goodness. Crops include beets, brussel sprouts, cabbage, carrots, cauliflower, celery, corn, cucumbers, eggplant, onions, peppers, radishes, rutabagas, squash, tomatoes, vegetable marrow and potatoes. Manitoba vegetables are available from these wholesalers:

Crescent Multifoods (R,P,N)

P. O. Box 86
406 Pacific Avenue
Winnipeg, Manitoba R3C 2G1
Phone: (204) 943-7461
Fax: (204) 942-4075
Contact: Mark Zachanowich, Manager
Greg Kennedy, OperationsWarehouse Manager

Garden Grove Distribution (1998) Ltd. (R,P,N)

2049 Duglad Road
Winnipeg, Manitoba R2J 0H3
Phone: (204) 777-6484
(800) 661-7763
Fax: (204) 777-1071
alm@gardengrove.ca
Contact: Mike Gorun
Glen Behl

Loveday Mushroom Farms Limited (R)

556 Mission Street
Winnipeg, Manitoba R2J 0A2
Phone: (204) 233-4378
Fax: (204) 237-1303
loveday@mts.net
Contact: Cindy Gauthier, Sales Coordinator
(A)
Fresh Mushrooms - White, Crimini,
Portabela, Oyster, Shiitake, Enoki #1 White Fresh Mushrooms - 5 lb carton, 200 g, 8 oz., 12 oz tray packs

(B)
Specialty Fresh Mushrooms - Crimini, Oyster, Portabella, Shiitake

Macdonalds Consolidated - Wholesale Division of Canada Safeway Ltd. (R,P)

1000 King Edward Street
Winnipeg, Manitoba R2H 0R1
Phone: (204) 631-4461
Fax:
Contact: David Kowbel
Commodities:
Supplier to Safeway Stores only

Peak of the Market (R,P,N,I)

1200 King Edward Street
Winnipeg, Manitoba R3H 0R5
Phone: (204) 632-7325
Fax: (204) 774-7325
peak@peakmarket.com
www.peakmarket.com
Contact: Larry McIntosh, President and CEO
Ext. 223
larry@peakmarket.com
Ken Krochenski
V.P. Operations
Ext. 222
Dave Whitmore,
V. P. Sales
Ext. 244
Ron Hemmersbach,
V. P. Finance
Ext 225
(A)
Potatoes, carrots, onions and various summer vegetable crops

Sumka Brothers (R,P)

132 Sweetwater Bay
Winnipeg, Manitoba R2J 3G5
Phone: (204) 257-1944
(204) 256-1611
Fax: (204) 257-1944
Contact: Al Sumka

Sysco - Serca Foodservice Inc. - Western Division (R,P)

1570 Clarence Avenue
Winnipeg, Manitoba R3T 1T6
Phone: (204) 478-4000
Fax: (204) 453-5409
www.serca.com
Contact: Mark Ellsworth
Grant Avery

Western Grocers (N)

P. O. Box 842
Winnipeg, Manitoba R3C 2R4
Phone: (204) 786-5105
Fax: (204) 786-5189
Contact: E. R. Rude,
Zone Manager
Commodities:
Dry Groceries
Fresh Produce
Frozen Foods
Tobacco
Health & Beauty Aids
Fresh Meat

Manitoba Agri-Food Boards and Associations

Canada Wild Rice Council (I)
700 Wellington Crescent
Winnipeg, Manitoba R3M 0C2
Phone: (204) 475-3136
Fax: (204) 888-7706
Contact: President,
Market Referral List as endorsed by the Canada Wild Rice Council provided on request.

Canadian Oilseed Processors Association
2150 - 360 Main Street
Winnipeg, Manitoba R3C 3Z3
Phone: (204) 956-9500
Fax: (204) 956-9506
copa@mb.sympatico.ca
Contact: Robert Broeska,
President

Flax Council of Canada
465 - 167 Lombard Avenue
Winnipeg, Manitoba R3B 0T6
Phone: (204) 982-2115
Fax: (204) 942-1841
flax@flaxcouncil.ca
www.flaxcouncil.ca
Contact:
Barry Hall,
President

Landscape Manitoba (R,P,N,I)
c/o 808 Muriel Street
Winnipeg, Manitoba R2Y 0Y3
Phone: (204) 889-5981
Fax: (204) 888-0944
landmb@shaw.ca
Contact: Evelyn MacKenzie-Reid,
Executive Administrator

Manitoba Beekeepers Association (R,P,N,I)
204 - 545 University Cres
Winnipeg, Manitoba R3T 5S6
Phone: (204) 945-3861
Fax: (204) 945-4327
Contact: Phil Veldhuis,
President/Chairman
227 Renfrew Street
Winnipeg MB R3N 1J5

Manitoba Bison Association (P)
Box 74
Inwood, Manitoba R0C 1P0
Phone: (204) 278-3302
Fax: (204) 278-3737
www.manitobabison.com
Contact: Ken Overby
Lorne Muller,
Secretary

Manitoba Canola Growers Association
400 – 167 Lombard Street
Winnipeg, Manitoba R3B 0T6
Phone: (204) 982-2122
Fax: (204) 942-1841
info@mcgacanola.org
www.mcgacanola.org
Contact: Bill Ross,
Executive Manager
Ellen Pruden
Phone: (204) 982-2107
Fax: (204) 942-1841
Email: prudene@mcgacanola.org

Manitoba Cattle Producers Association (R,P)
222 - 530 Century Street
Winnipeg, Manitoba R3H 0Y4
Phone: (204) 772-4542
Fax: (204) 774-3264
mcpa@escape.ca
Contact: Betty Green
President

Box 339
Fisher Branch MB R0C 0Z0

Manitoba Chicken Producers (R,P,N,I)

1357 Kenaston Blvd.
Winnipeg, Manitoba R3P 2P2
Phone: (204) 489-4603
Fax: (204) 488-1163
chicken@chicken.mb.ca
www.chicken.mb.ca
Contact: Fred Homann, General Manager
Karen Armstrong, Communications Officer / Registered Dietician

Manitoba Egg Producers (R,N)

18 - 5 Scurfield Boulevard
(Waverly Square)
Winnipeg, Manitoba R3Y 1G3
Phone: (204) 488-4888
Fax: (204) 488-3544
info@mbegg.mb.ca
www.mbegg.mb.ca
Contact: Penny Kelly, General Mgr.
Kurt Siemens, Chairman
Box 219
Rosenort MB R0G 1W0

Manitoba Farm Products Marketing Council (P)

812 - 401 York Avenue
Winnipeg, Manitoba R3C 0P8
Phone: (204) 945-4495
Fax: (204) 948-2844
ghmackenzi@gov.mb.ca
www.gov.mb.ca/agriculture
Contact: G.H. MacKenzie, Director
Boards & Commissions

Manitoba Food Processors Association Inc. (P,N,I)

Unit 6B
1325 Markham Road
Winnipeg, Manitoba R3T 4J6
Phone: (204) 982-6372
Fax: (204) 632-5143
mfpa@mfpa.mb.ca
www.mfpa.mb.ca
Contact: Dave Shambrock, Executive Director

Manitoba Milk Producers

P. O. Box 724
36 Scurfield Boulevard
Winnipeg, Manitoba R3C 2K3
Phone: (204) 488-6455
(800) 567-1671
Fax: (204) 488-4772
general@milk.mb.ca
www.milk.mb.ca
Contact: W.J.S. Wade, General Manager
Bill Swan, Chairman
Box 368
Warren, MB R0C 3E0

Manitoba Pork Council

28 Terracon Place
Winnipeg, Manitoba R2J 4G7
Phone: (204) 237-7447
(888) 893-7447
Fax: (204) 237-9831
general@manitobapork.com
www.manitobapork.com
Contact: Ted Muir, General Manager

Manitoba Pulse Growers Association Inc. (P,N,I)

P. O. Box 1760
Carman, Manitoba R0G 0J0
Phone: (204) 745-6488
Fax: (204) 745-6213
mpga@cici.mb.ca
www.manitobapulse.ca
Contact: Don Sissons, President
Nancy Penner P. Ag., Executive-Manager
Box 1760
Carman MB R0G 0J0
Phone: (204) 745-6488
Fax: (204) 745-6213
Email: mpga@cici.mb.ca

Manitoba Restaurant Asociation Inc. (P)

590 Erin Street
Winnipeg, Manitoba R3G 2V9
Phone: (204) 783-9955
(877) 296-2909
Fax: (204) 783-9909
bobs@mrta.mb.ca
www.dinemanitoba.mb.ca
Contact: Bob Stevens, President

Manitoba Sheep Association Inc.

Box 790
Ile Des Chenes, Manitoba R0A 0T0
Phone: (204) 255-1537
Fax: (204) 255-7071
Contact: Eric Thornhill, President

Manitoba Starch Products (R,P,N)

10 Frederick Street
Box 749
Carberry, Manitoba
R0K 0H0
Phone: (204) 834-2702
Fax: (204) 834-3938
mbstarch@mts.net
Contact: Earl McLaren, President / CEO ,

Potato Starch

Manitoba Turkey Producers (R,P,N,I)

206 - 1460 Chevrier Blvd.
Winnipeg, Manitoba R3T 1Y6
Phone: (204) 489-4635
Fax: (204) 489-4907
mbturkey@turkey.mb.ca
www.turkey.mb.ca
Contact: Sheila Perry,
General Manager
Emmy Byle, Chairman
Box 14
Balmoral MB R0C 0H0
Phone: (204) 467-2250
Fax: (204) 467-2250

Organic Producers Association of Manitoba (OPAM) (I)

Box 940
247 Wellington St. W.
Virden, Manitoba R0M 2C0
Phone: (204) 748-1315
Fax: (204) 748-6881
info@opam.mb.ca
www.opam.mb.ca
Contact: Lara Scott, General
Manager

Peak of the Market (R,P,N,I)

1200 King Edward Street
Winnipeg, Manitoba R3H 0R5
Phone: (204) 632-7325
Fax: (204) 774-7325
peak@peakmarket.com
www.peakmarket.com
Contact: Larry McIntosh,
President and CEO
Ext. 223
larry@peakmarket.com
Ken Krochenski
V.P. Operations
Ext. 222
Dave Whitmore,
V. P. Sales
Ext. 244
Ron Hemmersbach,
V. P. Finance
Ext 225

Prairie Fruit Growers Association (P,N)

Box 2430
Altona, Manitoba R0G 0B0
Phone: (204) 324-5058
Fax: (204) 324-5058
pfga@mb.sympatico.ca
www.pfga.com
Contact: Waldo Thiessen

Vegetable Growers' Association of Manitoba (R,P,N,I)

Box 984
Portage la Prairie, Manitoba
R1N 3C4
Phone: (204) 428-3188
Fax: (204) 428-3245
vgam@escape.ca
Contact: Todd Giffin, President
Box 160
Portage La Prairie MB
R1N 3B2
Phone: 204-857-4581
Fax: 204-239-6099
Beth Connery,
Secretary-Treasurer

MANITOBA

Clean air, pure water and wide open spaces – the perfect setting for Manitoba's diverse and dynamic agriculture and food industry. Located in the heart of Canada, Manitoba produces thousands of high quality food products for satisfied customers all over the world.

POPULATION
1.16 million

AREA
638,466 km2/246,512 sq. miles

CAPITAL CITY
Winnipeg: population 680,000

OTHER MAJOR CITIES
Brandon, Portage la Prairie, Thompson

CULTURAL GROUPS
Canada's most culturally diverse province (over 100 languages spoken)

LAND SUITABLE FOR AGRICULTURAL PRODUCTION
7.6 million hectares

NUMBER OF FARMS
21,000 grain, livestock and mixed farms

AGRICULTURE
generates over $4 billion in annual economic activity

MANITOBA AGRICULTURE & FOOD PRODUCTS
exported to more than 100 countries

EMPLOYMENT
1 in 11 jobs in Manitoba depends on agriculture

Discover a world of opportunity in Manitoba's agri-food industry. Find out how to make your ideas grow and prosper. Please contact us:

Manitoba Agriculture, Food and Rural Initiatives
Marketing and Farm Business Management Branch

903-401 York Avenue
Winnipeg, Manitoba, Canada R3C 0P8
Phone: (204) 945-4521 • Fax: (204) 945-6134
Email: dgungerabc@gov.mb.ca
Website: www.gov.mb.ca/agriculture/